TOUGH LOVE

By Geoffrey Hoppe

The March Shoud seems like ages ago. I guess it was a long month, with 5 weeks between Shouds the way the calendar falls this year. But in spite of the time gap in our monthly gatherings, Adamus’ rather direct statement in the last Shoud about energy and abundance still feels like he’s saying it right now rather than weeks ago:

Adamus: There is no place, where we’re going, for your lack-of-abundance issues. If you have a lack of abundance issue, if you’re still bitching and moaning about money and what you don’t have and wondering when the gold bullion is going to fall from heaven, get over it right now. That’s it. Done.

I felt Adamus’ intensity as he looked directly into the camera and said those words. He wasn’t kidding or distracting. He was very serious. I knew right then and there we’d get some emails, as well as heated discussions on Facebook. To my chagrin he didn’t stop there:

Adamus: There’s no room for it (poverty consciousness) where we’re going, because where we’re going is all about reorienting and changing your relationship with energy. But if you’re still not worthy, if you’re still a victim, if you still like being poor, if you have abundance issues… there is no room for it.

OK, I thought, we get the point Adamus. No room for imbalances where we’re going. Now could we move on? Perhaps tell a story about the Master and the Schmuck? Maybe a nice merabh would be good right now? But he still wasn’t done:
Adamus: “If you’re still in this whole poverty thing, this (the Crimson Circle) is no place for you.

Whoa there, big angel! These are my friends and spiritual family you’re talking to. You know, the ones we’re in service to? Did you get out of your master bed on the wrong side today? Are your celestial undies a little too tight? But nothing could stop Adamus at this point. He continued:

Adamus: *I invite you to please, please, please, please, please leave, for the sake of the others.* If you’re still clutching to poverty, if it’s still your M.O. (method of operation), your way of life, if it’s still the shirt and the dress you put on every morning, this is not the place for you. These people (Shaumbra) are all really nice. They’re not going to tell you to get the hell out, but I will. It’s ‘No bullshit, no more.’ I’m tired of it. It’s the one thing that really drags down a lot of the Shaumbra work… those who insist on being poor, because they are not energy innovators.

OK, he said it. I was hoping he wouldn’t say it but he said it. If you’re still insisting on your abundance issues it’s time to leave. I dared not glance over at Linda because I knew exactly the look she’d have on her face. She doesn’t hide emotions very well. We try hard to make people feel welcome and then Adamus asks them to leave. Great. We (the CC staff) try to make everything good and Adamus channel-pukes on it. Great. Just great. Oh, but it didn’t stop there. He kept going:

Adamus: *We’re changing the dynamics in order to allow energy to work for you. We’re flipping it around.* Instead of being servants to everything else, we’re flipping it into the *I Am – ‘I am allowing, I am abundant”* – and there’s just no room if you’re going to play the poverty game. Get over it now. Let it go. Make that choice within yourself and then watch how abundance flows into your life. And I know some are really cussing at me right now...

That was me, Adamus. Sorry for the interruption dear readers, but I just wanted you to know that I had a few f-bombs of my own at this point. But wait, there’s more:

Adamus: *Most of you understand why I have to say that.* For some of you, it bites because you’re still having abundance issues and you’re saying it’s not your fault. It is your fault, from the standpoint of you still enjoy it. You still enjoy it. Get over it. We’ve got places to go.

Have you ever been in the dentist’s chair for 30 dreadful minutes of drilling, and just when you think it’s almost done the dentist says, “Hang in there, we’re almost halfway”? I hoped Adamus was done but he had more of his own drilling to do:

Adamus: *If you’re playing around with energy at the level*
we’re going to, and you insist on holding on to your poverty issues, that energy is going to come back and serve your ‘poor’ like you never could have imagined, because you’re just energizing poor. If you’re really ready to open up and have what you would call positive abundance, watch how it comes into your life and changes things.

Doctor, please give me more Novocain and nitrous oxide.

Finally, he was wrapping up: *There’s a world of energy waiting for you. Are you ready to let it serve you? That’s it.*

In the weeks since the Shoud I’ve had a chance to mull over Adamus’ words. I get it. His statement was given in love, but it was that kind of tough love that’s not always easy to digest at first. There’s been a notable difference in
the messages in the past year, something that’s very evident in Keahak, but it also flows into the Shouds and workshops. We’re ready for the next level. It’s time to accept and allow our place as Masters, even if we don’t think we’re quite ready. The fact is that Adamus and the Crimson Council feels we’re ready.

Simply stated, we’re shifting how we access and use energy. We’re breaking out of lifetimes of old patterns and breaking out of the old mass consciousness template of being non-creators and servants to energy. Adamus offered a brilliant story about this in the most recent Keahak session. The Master has Raj stand on stage and try to dance to the music (Gloria Gaynor’s “I Am What I Am”). Raj tries to dance but fails miserably. The Master says this is how most people go through life, trying to dance to the “music” of mass consciousness. Then the Master has Raj move his arms and legs ever so slightly. As Raj moves, he can hear celestial tones following his movements. This, the Master says, is the paradigm shift. When we release the old concepts of abundance, and release our addictions to poverty, illness, misfortune, etc., the music (energy) will dance to us rather than us dancing to the music (energy patterns). We won’t hear the music (energy) until we start to do something, and then it will be there like the cavalry in full support.

I was totally surprised that there wasn’t much discussion on social media about Adamus’ brash words. I concluded that, 1.) Nobody listened to the Shoud, or 2.) 99% of Shaumbra understand exactly what Adamus is saying, and they’re ready to release the old “servant” energy ways in order to let energy serve them. Perhaps Adamus is correct in saying that we are indeed ready.

We received just a few not-so-nice emails but not nearly as many as I expected. One woman wrote in to say she was leaving Crimson Circle after Adamus’ “disgusting” words. She said she is poor, that Adamus asked all poor people to leave because only rich people can be part of Crimson Circle. She also said that we should read Karl Marx, that Yeshua never turned anyone away, and that her decision to leave was both political and spiritual. She suggested that we go find more rich people in Europe. She added (in all caps), “My soul doesn’t give a F*** about being rich!!”

With all due respect – and I do understand what she is trying to say – this isn’t an issue about being rich or
poor. The issue is this: We are now going to experience an entirely new way of interacting with energy. Rather than working for energy, we will be masters and allow energy to serve us. However – and this is a big however – if you’re still clinging onto any imbalances, the energies are only going to magnify those imbalances. Adamus said it clearly in Master’s Life 6: No More! Let go of the battles and causes and imbalances because there is no place for them in our next step. These things will actually be incredibly painful where we are going.

I asked Adamus if this means that Shaumbra need to be clear of all of their issues before moving on. His answer: “No, they just have to be willing to let them go.” The willingness to release overlays of poverty, victim-consciousness, illnesses, lack of self-worth, anger, etc. is enough. These issues will fade away on their own, without any work necessary on the part of the human.

Adamus says (and people get irritated when he says) that if you have an issue in your life, it must still be serving you, otherwise it wouldn’t be there. Money. Health. Relationships. Boredom. Whatever. Any issue causes you to be a victim.

The woman I mentioned above ended her email by noting that we should study Che Guevara because capitalism is not the only way. Hello, what?? None of this has anything to do with capitalism, socialism, feminism, the plight of indigenous peoples, the fat content in buttermilk, Mickey Mouse (a suspected communist), or Donald Trump (don’t get me started). We did not come here in this lifetime to take on causes, get rich, hold energy, convert others or build stairways to heaven. We came here for the express purpose of Embodied Realization. This is a state of physical/mental/light Being-ness that requires one to shed the old ways of getting and using energy. No more chasing after energy, but rather letting the energy come to you. If you’re in it just to get rich, it won’t work, and if you’re in it to stay poor, well, poor you.

The definition of grace? When one allows energy to serve them. Let’s get out of the old wheelhouse (way of doing things) and become the first generation of Energy Masters.
ALMOST FULL! – THE THRESHOLD
Middelfart, Denmark • May 20–24, 2018

The Threshold is a premium Crimson Circle event based on what Adamus Saint-Germain calls The Threshold of Enlightenment. According to Adamus, our journey on the spiritual path has encompassed many lifetimes, but now we hesitate at the threshold of the realization of enlightenment.

REGISTRER NOW! – SEXUAL ENERGIES SCHOOL ONLINE
Online • June 15–17, 2018

We always recommend that you take this life-changing class with certified teachers. However, if that is difficult for you, this is an opportunity to attend the Sexual Energies School online, hosted live by Geoffrey and Linda. Multiple sessions with Tobias and Adamus, as well as guided personal experiences.

MAGIC OF THE MASTERS
Bled, Slovenia • October 6–7, 2018

Get out your red scarves and magic hats – it’s time for another big Shaumbra celebration! We’re calling it Magic of the Masters because it’s by and for Shaumbra Masters who are allowing their light to shine. This year will feature channels from Adamus and Kuthumi, as well as presentations from Shaumbra who are moving energy, breaking through the barriers and allowing their embodied Realization.

AHMYO RETREAT – JAPANESE
Kona, Hawaii • November 20–24, 2018

“Ahmyo” means “the good life,” filled with abundance, ease, sensuality, vitality and natural energy flow. Ahmyo is powerless. It’s the epitome of “it comes to you,” the point when the I Am begins integrating with the human and the wisdom of the soul becomes available to the human. Simply put, it’s a “change of management” from a human with limited perspectives to a Master with freedom.
### EVENTS CALENDAR

**PLEASE VISIT CRIMSON CIRCLE STORE FOR MORE INFORMATION ON THESE EVENTS.**

**NOTE:** Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

#### 2018

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NO
DOUBT
Recently, I’ve had a lot of heartache. I mean physical pain in my chest, especially when I’m in a deep state of allowing. From what I’ve heard, it’s a common Shaumbra symptom lately. I wondered what it was about, as I was quite sure that I wasn’t about to have a heart attack even when it felt exactly like that. I understand now that it’s about me following my heart; my heart is aching to be heard. Something that was so natural to me as a child and even as a teenager. But increasingly, not just because of the gravity of mass consciousness, but also because of the heaviness of the awakening experience, I forgot. The heart was overshadowed by doubt.

Possibly I was too curious, too stubborn or simply too ignorant in the earlier stages of awakening to be bothered by doubt. Most of the time, I followed my heart without much ado. It didn’t make me happy and it didn’t make my life easy, but I knew I was on the right path. I didn’t question myself when my life was falling apart. I questioned life, but I didn’t constantly question myself.

It was only after I was deep into the unfolding of my awakening, after having encountered about a thousand different manifestations of my own darkness, that doubt really seeped into me. Whilst I might have grown more in touch with my inner knowingness over the years, doubt kept throwing shadows on my path and blocking that space between human and divine.

But why is it that I have held onto doubt so tenaciously? It’s not just that committing my life to embodied enlightenment is considered crazy by most people, or that we are before our time. That used to be my excuse, but now I’ve seen how others are committed to visions well before their time, and they are not getting distracted by doubt. I’m referring to Elon Musk here, in case you missed the last Shoud (March 3, 2018). What must it be like to follow your heart and experiment with visions that others don’t even dare to dream about? What must it be like to stay committed to your visions and completely disregard doubt when everyone around you thinks you’re crazy? It’s time to find out. I feel that point of separation approaching loud and fast. I can feel that where I’m going, where I choose to go, there is no space for doubt. An ultimatum given by the master-self: Do you choose mastery, or do you choose doubt?
I believe, by this time, we’re all expert losers. Can you deny it? We’re all experts at losing, releasing and letting go of anything that used to define our human experience. We’ve let go of identities, ancestors, health, relationships, mass consciousness and even our fear of death. How many times have we thought: Surely now there is nothing more to let go of? And, of course, there always is something more to release. Should have listened to wise Tobias who warned us about asking questions! Anyway, my point is that for me, doubt is my threshold, my crystal prison. Only this past month I realized that allowing is the antonym of doubt: When I allow all of me without control, doubt cannot exist. On the other hand, if I hold onto doubt, I’m not really allowing. If allowing can be compared to the gas pedal of our embodied enlightenment experience, then doubt is the brake. The thing is, we’re too far in to turn back anymore, and pressing the brake at this point is more dangerous than stepping on the gas.

The Socratic question to ask here, if we follow the Adamus school of thought, would be: How is doubt serving me, and why do I like it so much? The answer, for me, was painfully obvious. In the past, me following my heart and not doubting myself led to some very unpleasant experiences. Hence, the negative reinforcement of associating self-trust with pain, which led to an addiction of self-doubt. Human psychology 101. But then my master-self stated, quite nonchalantly, that perhaps avoiding pain was never the point. Interesting. You see, the human would think, “How can I re-condition my mind to associate self-trust with positive experiences?” But alas, the master has no tolerance for conditioning of any type. The master has no fear of being human and experiencing the occasional pain that comes with it.

So here’s the soul psychology: Perhaps following my heart led me to exactly those heart-breaking, life-threatening, depressing, embarrassing, and guilt-inducing experiences that served me perfectly, because my soul destiny was/is to realize my enlightenment in this lifetime. In a typical-to-human way I had assumed that following my heart would lead to a happy, easy life. And I’m sure that would have been the case if my soul-destiny were to lead a happy, easy life. But it’s not. My chosen destiny, chosen by soul, is to allow my human and divine to be present here on this Earth, together and aware of each other – even when that means going through some
temporarily unpleasant experiences. The human really is very funny: It thinks, “Okay, I’ll trust myself fully, but only if I have a guarantee that my life will be happy, and I will be free, rich and healthy.” But even the human has to admit that self-trust is either unconditional or it isn’t real trust.

I finally realized that all those experiences considered as failures by the human, which had seduced me into doubting myself, served me perfectly. Me following my heart led me to exactly where I needed to be to get to here. Meaning that this magic compass called the heart is working! This realization brought me such relief, because now I can finally honestly say that I no longer need doubt. I can follow my heart, knowing that wherever it leads me is serving me. I can feel an entire angelic choir rolling their eyes and thinking, “Told you so.” Well, it’s one thing to understand something and quite another to know it with full conviction.

Speaking of conviction, this quote from Elon Musk came to mind: “If something is important enough, even if the odds are against you, you should still do it.” Perhaps our creations don’t appear very grand compared to Musk’s, perhaps nobody will celebrate us for going beyond the gravity of mass consciousness because we do it without fancy space shuttles, and perhaps we will remain as invisible as secret service agents under camouflage, only with worse paychecks! If so, only one question remains: Is embodied enlightenment important enough to risk everything – even failure? I can feel my own answer in my heart, loud and clear.

Where is my heart leading me right now? Straight into allowing. Allowing every single emotion, thought, aspect, and experience to flow through me into integration, without resistance. What are my visions beyond the veils of doubt? You go on colonizing Mars, Musk. I’m busy on New Earth.

Kim is a writer, a new energy psychologist in training and a member of the Royal Shaumbra Theater, currently living in Portugal. You can read her blog and contact her through her website: www.kimseppala.com. Her first book, Getting Real About Enlightenment, was largely inspired by Shaumbra, and can be ordered from Amazon (US or UK) or Alibris (for other countries).
Now in its eighth transformation year, Keahak is open for registration. A new year of gatherings with Adamus start on July 1, 2018. Registration includes two sessions per month in the House of Keahak with Adamus Saint-Germain and dedicated Shaumbra around the world, plus the monthly Living in Keahak webcast featuring Dr. Douglas Davies and Linda Benyo, providing a recap and summary of the recent Keahak sessions.
When trying to explain what Keahak is, we are quickly at a loss for words. For those who have experienced Keahak, no explanation is necessary. But for those who are curious, here’s what current Keahak participants have to share:


“Keahak for me remains extremely personal. The insights become all my own. Uniquely my own. I am so absolutely curious and amazed by the “me” that is emerging. Emergence is a key word for me personally.”

“Keahak to me doesn’t feel like a ‘thing’, rather it just is. So my experience of it changes daily, even multiple times daily, and even multiple times all at once simultaneously. Nothing is singular to me anymore, there are no more ‘answers’, because everything can be so many things simultaneously.”

“I feel Adamus cutting directly to the core of things in a simple and beautiful way. And best of all I’m ready for it, because I already know it, and I feel it sinking in and coming out in my life in beautiful new ways.”

“This is my first Keahak and I am very impressed by what is happening here! The feeling is very special and Adamus is extremely close. On falling asleep the night before last, I was in another place, looking out of a room onto a small European balcony, the sky was blue in the early night and snow was gently falling. Adamus was standing nearby and leaned in close and said, over and over again, ‘You can see it, you can see it, you can see it.’

It does not happen very often when you know, that at this second, your whole life is changing. And it did with such intensity, beauty and magic, what no words could describe. I really do not know, how Geoff and Linda can handle this intensity ... and be with the group and talk and move. My appreciation and gratitude for both of you and for everyone.....thank you.”

“For a while now, I am moved so deeply to tears at this choice...this path. I sense the HUGENESS, the Beauty and Wonderment...and there is sadness...so much to feel into. The energies of the past few months have been intense and I feel as though my world/reality and myself are being streamlined (love that word Adamus). With that I want to share the ......words fall short here.... deep and heartfelt honouring for Geoff and Linda as this all unfolds. I sense it has not been easy but I felt it important to share this clear love from me for Your choice to do this...this journey with like-hearted Shaumbra. So incredibly Huge....Because it has made such a profound difference in my life...in how I feel about myself, my choices and even though it seems that little has changed in my outward reality, I Am Happy... for days on straight....no matter what is going on in my life! I can feel the JOY from deep within. And this to me is what Adamus had promised for Shaumbra many years ago. And it was this promise that rang true deep within me and kept me going when I really wasn’t sure I could keep going. I believed You. So although I thank Adamus St. Germain, the key here is that I extend it to you, Geoff, Linda, CC Council and Staff. An honouring to you All in this sharing.”

“I Am finally able to embody my human fully in joy. Before, I resisted and wanted to be free, not knowing what it meant. I can feel my consciousness embodying this body now. I love it!”

Keahak is a year-long commitment between you and Adamus. You’ll find his presence is with you every step of the way, certainly during the twice-monthly channels and also many other times, perhaps when you least expect it. Keahak is a true “Master’s Program” that tends to become a beloved and integral part of your life.
In March 2016, I dream that I am “Piper” in the US TV series “Charmed.” I have agreed to renounce my powers of freezing time, destroying demons and saving innocents. I have agreed to become an ordinary member of society and revoke all my powers.

On the appointed day, I go to a hall and climb onto a stage facing a crowd of people. In front of these witnesses, I renounce my powers and am stripped of being the most powerful witch in the trio of the Charmed Ones. There is a great cheer in the crowd as I do so.
I walk out of the auditorium. What is unknown to the crowd is that I have a greater power than the powers I had before. I ponder the stupidity of people. Why would I agree to renounce my powers for nothing in return? I must have had some perverse pleasure in being a Charmed One despite its havoc-wrecking qualities upon my human life. I know that this new power is greater than those I renounced, but I do not yet know how it works.

I wake from the dream pondering what it all means.

In June 2016, Adamus did the Shoud from Munich, Germany where he talked about being Power-less and Energy-rich. Adamus’ statement – “There was an amazing breakthrough recently. You were becoming Power-less and Energy-rich” – went straight through to me. (I had only ‘discovered’ the Crimson Circle in September 2015, just a few months earlier.)

It is then that the dream came back to me.

All my life I have been accused of being a ‘witch,’ that catch-all term for anyone who appears to have certain gifts. I lived, for a small part of my youth, in various countries in Africa. All my life I battled ‘demons’ in dream state. All my life there have been ‘psychic vampire’ energy feeders who drained my energy. I perceived ghosts. It was only by reading the Shouds of Tobias and then Adamus that I finally understood what had been happening to me. I always won these ‘battles’ but it gets to you, this constant battling.

In this dream, I, as ‘Piper,’ had become Power-less which, in a funny contradiction, is the greatest ‘power’ of all – Freedom.

In becoming Powerless, demons were no longer interested; I had no power. Rich people were not threatened by me; I had no power. I no longer protected innocents. You do not have to hold the energies for your family, your office, sick babies, the elderly, whales, dolphins, the Earth, whatever! You are free. You no longer ‘freeze time,’ you are static while time and space move through you. Nobody saw me; I had no power. The battles stopped. The psychic energy vampires all fell away. The dreams and nightmares stopped.

I felt relief beyond belief.

As a child, I had never told anyone about all this, as I was so scared of the consequences of saying anything. Growing up in certain parts of the continent, the likelihood of being accused of being possessed by demons was real. I had seen friends and known people who had terrible experiences of ‘demonic removal’ by the ignorant pastoral care in some of these so-called churches. These experiences of demon fighting in dream state continued after I left the continent, though to a lesser extent.

In becoming Powerless – I exist! I AM that I AM!

What a way to use a TV program that I enjoyed watching to explain to myself the concept of being Power-less and Energy-rich.

Maxine was born in England but went to Africa as a teen before returning to England after completing her training in Architecture. Her father was from Sierra Leone, her mother was born in Jamaica. She now works to help people have better quality homes in which to live.

She discovered Crimson Circle in September 2015 and says, “It is true what Adamus says about not ‘joining but just being Shaumbra.’ Looking back over my dream journals, I found that as Shaumbra were having merabhs, I would always have the same sort of dreams. For instance, there was a merabh about cleansing as if going through a car wash, I had the same dream almost on the same night. I always saw myself in a crowd of people but did not see their faces.”

The mother of one daughter, Maxine has travelled extensively in Europe, Western Africa and the United States. She is determined to enjoy this life cycle to its fullest extent after realization.
Someone asked me recently if my life looks different today than I would have imagined it as a teenager. It was a great question, and one with a truly poetic answer, so I thought I would share my story with you.

_above is a picture of me, taken the year I discovered Colorado…and hummingbirds._
THE DREAM BEGINS

This was me (on guitar) at 13. It is all there: the adolescent angst, the ego-crushing braces, the sweet creative spirit, the great yearning to be appreciated by others. I found this picture in my parents’ basement several years ago and laughed out loud. It is now framed because, well, some things are just too perfect.

In the hummingbird photo, I was 10 years old, my first time in Colorado and had fallen in love. By the end of that trip, the mountains had stolen my heart. Sadly, I lived 1,000 miles away from them, but that did not stop me from dreaming of someday having a place in their rocky heights that I could call my own, one I would share with a mountain man – someone like Sully, from the TV show Dr. Quinn, Medicine Woman. Granted, the Sully part of that fantasy bloomed a bit later (grin), but this moment with the hummingbirds was when it all began.

As this picture reveals, I was a magical child, a true believer. I knew there was something “more” because I could sense the sparkle.

As a good Midwestern child, I tried to find that sparkle in religion. When that failed, I tried to earn it by being good, sacrificing to make life better for others, doing all the right things and making all the right choices. I navigated through life by the amber glow of my halo. I was the one wearing pearls and tidying up the house while simultaneously creating world peace.

Thankfully, into my world came another magical child – one who agreed to wake me from the hypnosis. My son, David, was my mirror. He helped me open my eyes and my intuition. I still vividly remember the day he told me that the trees were talking to him. His love of music resurrected my own, and because of him, I opened my voice again.
In my 40s I began to sense the other realms and developed the capacity to heal. Everyone came to me with their problems and, being nice, I gladly took them on as my own. You see, I knew somehow that I was destined to be an angel. Let’s just say, it didn’t turn out exactly as I expected.

**THE SHADOW RISES**

I began to notice that the harder I pushed toward the light, the darker became the shadow attached to my heels. I had nightmares, lost life-force to other people, developed migraine headaches and weakness in my body – while still making sure my life looked practically perfect on the outside.

Then the illusion began to disintegrate. When my dear father died right before the holiday season, someone saw the obituary in the paper and decided to rob the family home on Christmas Eve. Those losses, along with my dog’s cancer diagnosis and my unraveling marriage, shattered the last vestiges of my “good girl” and unleashed a great rage in me. I had tried to create a safe space by being good, but instead manifested my own perfect storm. Nothing made sense any more. I knew if I didn’t break out of my prison, I would not survive; so, I did the unthinkable. I blew up the life I had so carefully crafted, the one I’d been living to earn my way back to heaven and gain forgiveness for whatever terrible awful unforgivable thing I had done in some other lifetime.

On my 50th birthday, I left my 30-year marriage, my home, my stuff, all my loved ones and moved to Colorado… without a plan.

**NEW BEGINNINGS PLEASE?**

Now I desperately wanted validation. I wanted PROOF, for myself and those back home, that I’d made the right decision, that I wasn’t crazy, that I would be able to create a new grand life for myself and not die under some bridge, cold and alone. So, I ran to a new relationship. He ran away from me… to Europe.

My job dissolved underneath me. So, in a burst of desperate hope, I started two businesses based on my most admirable life skill – fixing and saving other people. That didn’t work out either.

I pushed and shoved, but my new life would not ignite. Instead, everything was falling apart. Friendships fell away. My persona was dissolving. Even music, which had opened my voice, abandoned me. I couldn’t get a gig to save my soul. In a moment of despair, I realized there was nothing to do but surrender.

**THE VOID CALLS**

I somehow realized there was a reason I had created this vast emptiness; a reason my mind could not grasp, but a reason just the same. My soul, it seemed, was calling me into the void. This was terrifying, but there was no way out except through.
After three years of nothingness, I figured it would end soon. In year four my beloved mother got sick. Although letting her go was so painful, her death was the catalyst for my ancestral freedom. In year five, my body started releasing that ancestry from my cells, an internal ‘party’ that lasted another three years. There were moments when I was certain I was dying; times I thought nothing else could possibly fail me. I was wrong.

This. Felt. Endless. It was the dark night of my human. And in that darkness, every last little bit of the perfectionistic, naive fixer/saver/fanciful dreamer had been crushed to bits. Every fear, every rage, every grief I’d ever run from came up to greet me. Swamped by shame and guilt, I marinated in my misery for 8 frickin’ years.

This was not what my bright-eyed teenage self expected her life to be. But a funny thing happened as I lost everything...

“IF YOU’RE LOOKIN’, YOU AIN’T COOKIN’”

Out of the void, stuff started to emerge that I totally wasn’t expecting, the first being an unexpected relationship. A dear friend I’d known for years, someone who had become a trusted confident, who had offered me a safe space to land and get past my shock, slowly became something “more.” He was so different from what I had been attracted to in the past that I didn’t see it coming. Our connection didn’t have any of the highs and lows of a karmic energy-feeding relationship.

After six months of hiding in the spare bedroom, the elephant was getting pretty big in the living room. Joe was patient as I denied the obvious. I eventually dredged up my courage and dragged the poor boy into the dirt on a camping trip, at long last allowing our relationship to go to the next level. Ironically, Joe bore a striking resemblance to Dr. Quinn’s Sully! And yes, we now live together in blissful non-matrimony (no vows ever again, thank you very much), snuggled up in the Colorado mountains.

Joe, who was a professional chef for years, has a saying: “If you’re lookin’, you ain’t cookin’,” which essentially means you need to let the oven do its work and keep the damn door closed. I find this is an accurate description for working with
the void. The magic happens when we aren’t looking, and emerges when we least expect it. Joe’s words hold a striking resemblance to one of the great teachings of Adamus Saint-Germain, which I will paraphrase as, “Tell your mind to shut up and just allow energy to serve you without putting your agendas on it.”

I now know that nothing new comes without the void. The mind cannot fathom this, which is good because then it can’t mess things up. The void is the great chrysalis where the magic happens in the emptiness that isn’t empty. This mystery is the birthplace of true powerless creation. Nothing can be forced from the void.

Ironically, I discovered the Crimson Circle during my void time. I had heard the call of St. Germain years before, and by many odd twists of fate eventually followed the bread crumbs to Coal Creek Canyon. My very first live channel was the epic “Awakening Game Show” and I sat there in shock, praying to never ever get that microphone!

Now I understand that my great deconstruction happened right on time. My purpose in this lifetime was not to be a famous singer, a great artist, a successful business person, or even a perfect housewife. I was not born to save the world or the people I love from their pain. My purpose is to remember who I Am, despite my dualistic human experiences (perhaps even through them), to let go of the illusions that limit me and to trust myself enough to allow my magic back in. I had to let go of everything I was not in order to remember who I am.

Ironically, this True Self has always been there! I can look back at my childhood photos and see Her shining through my eyes. The shine just got covered up by a whole lot of crappy beliefs.

Now, as I peel off the power programs, life is becoming very simple… magically so. I don’t have to strive for anything anymore. Even music is returning, which is a great joy and comfort; it is my gift to myself, rather than a means for external validation. Once I was an artist trying to make a living by selling art and teaching classes. Now my life is becoming an unexpected art form of its own, one that is painting itself. I don’t have to try. I don’t have to teach. I don’t have to do anything. The color and the energy come to me.

Perhaps the greatest gift of all is I am curious again. Lately, I’ve been starting each day with a deep sense of innocence. I am experiencing the rebirth of my magical child.

Donna Van Keuren writes a monthly blog describing some of her most poignant epiphanies, as well as the jokes she’s played on herself along the way. If you would like to share a few laughs and read her reflections on this crazy ride called embodied enlightenment, join her at www.lightthejourney.com/blog.
If Shaumbra have one thing in common, it is our joy at meeting like-hearted individuals, whether in person or online, because we feel a little less alone in the world. Scattered all around the globe, we tune in to the webcast each month and sometimes even meet for angel hugs in “real life” at workshops and events.

Whether you live in a remote corner of Siberia and only meet online, or have attended dozens of Crimson Circle gatherings, you are never alone. We each share a heart connection beyond time and space, and it shines out through the light in our eyes.

If you ever feel lonely, or just want to revisit a celebration, check out the Shaumbra Photo Album. There you will find photos from every monthly Shoud, countless workshops and individual Shaumbra photos from every corner of the world.

Welcome Home, Shaumbra!
Most Cloud Classes will remain available indefinitely. You have 90 days streaming access from the date of purchase (or from the date of broadcast, if applicable). We also provide online English transcripts and text translations when available. We hope you enjoy these essential offerings from Adamus Saint-Germain!

CURRENTLY AVAILABLE CLOUD CLASSES (click titles for more info)

- Adamus’ Sensuality Clinic
- Addiction Unplugged
- Ancestral Freedom
- Consciousness Revolution
- Consciousness Theater
- DreamWalker™ Birth
- DreamWalker® Death Transitions
- Four Masters in Munich
- Freedom… Now What?
- The Master’s Life, Part 1: Transfiguration
- The Master’s Life, Part 2: I Am Here
- The Master’s Life, Part 3: Embodiment
- The Master’s Life, Part 4: Sensuality
- The Master’s Life, Part 5: Ahmyo
- The Master’s Life, Part 6: No More
- The Master’s Voice
- New Earth Update
- ProGnost 2016
- ProGnost 2016 UPDATE
- ProGnost 2017
- ProGnost 2017 UPDATE
- ProGnost 2018
- Quantum Allowing
- The Simple Master
- Timeless – A Journey Beyond
- Wound of Adam

THE MASTER’S LIFE 6 – NO MORE!

What’s holding you back? It’s time to let go and Adamus is here to help. He talks about many of the things holding Shaumbra back, such as energy holding, fighting duality and, especially, pushing down anger that is simply part of the human experience. However, he gives a very specific solution for freeing this rather putrid energy, and the result will bring a level of transformation that goes far beyond other methods and techniques.

In addition to several merabhs, Adamus also guides a very special DreamWalk to the Crystal Caves. They contain something very special, to be discovered and experienced when you’re there. In this Cloud Class is Adamus talking directly to you, wherever you are, whenever you listen. Give yourself the gift saying, “No more!”

Broadcast: Now Playing
Cost: $145 ($195 after 04/30, 2018)
In this “Call to consciousness,” Adamus talks about the ramifications of technology developments in the world. He said that there will be a fragmentation of TimeSpace, that creation of a new species is already underway and that this is why we’re here. He also talked about evolution and “pandelution,” stating that technology is actually a type life form with an awareness of itself.

While technology will offer more choices, potentials and even freedom in the coming years, the most important factor is consciousness. As Adamus said, “Technology will serve you if consciousness is present.” He also led a profound merabh to integrate the energy and to release the “shadow” that has been holding Shaumbra back.

During this class, you will experience two very special DreamWalks. In one, you will accompany a client through the Near Earth and Crystalline realms all the way to the Bridge of Flowers; in the other you will be accompanied by your own Master Self into an experience beyond words. You will learn how to be a DreamWalker guide for others and also be invited to dive deep into embodied death and allow your true freedom.

Whether or not you ever do a DreamWalk for someone else, experiencing this core Crimson Circle class is provides valuable assistance in allowing your own mastery.
most “real” experiences I’ve ever had of the other realms, and the person who came for a dreamwalk was completely unexpected and so very real.

[DWD] changed me in ways I cannot explain and far more profoundly than I expected. Whether you are interested in dreamwalking others or not, if you are coming into your Embodied Enlightenment this class will assist you like no other.

~ John

BEYOND DEATH

Experiencing the DWD Update was an excellent opportunity for a perspective shift. One of the new sessions adds a very personal and dynamic DreamWalk for the viewer, moving us past old perceptions of death! For me, the actual DreamWalk channel is the most loving and heart-expanding channel ever. And the new material is perfect and perfectly timed for where we are in our expansion!

~ Patti

WOW!

I was not prepared for what happened to me during the updated DreamWalker Death Transitions school. Right at the beginning [Adamus] changed the whole direction of the class and made it much more about us and our own transition, or “Embodied Death,” into freedom. But nothing prepared me for the experience I had with dreamwalking another. [It was] one of the

~ D.V.

CORE INFORMATION OF ADAMUS PHYSICS

Always wanted to understand what exactly is New Energy and how it works perfectly for you? Plug in and “be lectured” by Professor Adamus who is doing here a high voltage job in giving detailed clarity you’ll never forget.

~ D.V.
GET RID OF OLD STUFF! ENJOY THE NEW ENERGY IN THE CRYSTAL CAVE

I had a huuuuuge resistance to this part of the Master’s Life Series. Last time I felt resistance this big was in the first and second sessions of SES. [So] I absolutely knew there was some vital stuff in it for me.

In my eyes the essence of this class is “housecleaning”. Adamus told us: We can’t take any old stuff into enlightenment ... so he is here to help us get rid of the stuff. And part of me definitely did not want to part ways with some things. So if you have feelings of – ‘does not interest me’ – boring – reluctance – fear or something similar take a very close look: Maybe, just maybe part of you really, really wants to move forward (without the stuff) and some other part really, really wants to hold onto the old things.

And the last session is a gem. Just for that dreamwalk it would be worth listening to the class.

~ Silke

FREEDOM FROM THE FEAR OF DEATH

In The Simple Master, Adamus gives us the opportunity to get a good look at what runs us as humans: the stories, the programs, the fears. He says we can see death in a new way as something that frees us. We can choose to allow the death of our old patterns and evolve beyond them.

Adamus also talks about power, what it is, how it works, and all the ways it can show up in our lives. I learned that if I am trying to force things to happen it is time to stop. Power is pushing with an agenda. Allowing has no power in it. Allowing is trusting my consciousness to attract energies that are appropriate. I can shift out of a needy vibration into a trusting one and allow things to come to me.

~ Joe
Years ago, Adamus went through a phase of asking Shaumbra what we want the most. At one point he said if he was in our place he would choose only one thing – clarity. That always stuck with me because why would clarity be more important than things like abundance or health? It sounded boring, to be honest! However, a few weeks ago I was in the car, not thinking about anything in particular, when I suddenly got a “download” about this. In about 30 seconds I understood why clarity is
so important and also how “it comes to you” works. Since then, I’ve been exploring and playing with it, and will do my best to share what I’ve learned.

We’ve heard “It comes to you” for a long time, and the usual response is something like, “What is it? How it will get here? And when will arrive?” Well, turns out the “it” can be most anything and is continually arriving in all sorts of ways. The trick is in the perception, in having the clarity to see what’s already happening.

Humans are constantly trying to get what we want by doing the right things, thinking the right thoughts, talking to the right people, eating the right food, following the right God (or spook), etc. The problem is that it’s all a big game, like checkers or Monopoly. None of it really matters, because life is how we keep Human occupied while Soul absorbs the wisdom. Like playing dominoes is simply an excuse to get together with friends. So, instead of having to figure out how get the “right” things to show up, the fact is that it’s already happening in every single moment. Before we get into real creation with Adamus, I feel it’s crucial to take a clear and hard look at what and how we’re already creating. Otherwise, it will be like building a mansion on the foundation of a hovel. No matter how beautiful, it will crumble to the ground, probably with us in it.

The truth is, you’re already a creator and energy is already serving you, constantly arranging itself according to the patterns of your consciousness. More energy will only amplify those patterns. To find out what they are, look around right now at the dynamics and challenges you’re facing. But look deeper than the surface. It’s not about the specific game or roll of the dice, but rather your response to it. In other words, it’s not about finally “winning” but about how you’re already playing. Now, this is only for information right now, so observe without judgment. Decide later if you like what you see, but in this moment, look at your life.

THIS is how you’re arranging energy. The question is, do you want more of what you’re already experiencing? It’s a critical evaluation, because it contains all the information you need.

Let’s take the most popular challenge – money. How are you arranging the energy of money in your life? I’m talking patterning, not quantity; the overall feel, not daily details. Are you arranging it in fear? Joy? Shame? Freedom? Scarcity? Celebration? Whatever the pattern is, adding more will create a bigger pattern, not bigger money! This means rather than focusing on how to get more of something – money, peace, friends, health – our job is to become aware of how we are arranging the energy that already coming in. Would you like to have twice as much money? Before you answer, ask whether you want twice as much of your current money patterns, because you’ll just get more of whatever you already have. The way out of your patterns is clarity, but looking this clearly and honestly takes courage.

In my personal life, a few things happened recently that showed me I still had a bit of stuck energy around money. For example, I very much want more
money to continue improving my home. The joy of my kitchen remodel is contagious, and now the rest of the house wants attention! The problem is, more money means more responsibility, and when I’m honest, that has felt daunting.

It’s tax season right now, which has brought my dysfunctional bookkeeping aspect to the surface (where before it happily hid behind a partner who excelled as such things), and that dysfunction meant that “more money” would lead to “bigger bookkeeping problems and more headaches.” Hmm, if I can’t manage what I have, more will just make it worse. No wonder my Self hasn’t turned on the spigot full blast yet! The good news is that, with the help of my ex bookkeeper, I’ve begun creating my own numbers aspect that actually understands and even excels at all this. There’s more work to be done, including some refinement of the new aspect, but I’ve definitely been re-patternning my money energy “magnet,” changing the patterns that the energy has been matching. But first, I had to look at what was already happening with absolute clarity.

There is another pattern or filter through which “it” has been coming to me, “it” in this case being abundance of any kind, not just money. For most of my life I lived with “not quite enough.” It helped with resourcefulness and creativity, but also provided constant stress. Gradually I moved into “barely enough” and then “enough for just a little extra.” Funny thing is, the actual quality didn’t matter; the pattern was always living on the edge. The “edge” is nicer now, but I’m still dancing on it. Why? How the heck is that pattern serving me? Digging down through the layers, I discovered it was about feeling safe with myself. There are some old aspects that believe having extra requires me to share with those who have less, regardless of what I want or the journey they have chosen. And, although I’m a generous person and share easily, part of me didn’t trust that I was truly free of those old vows. (Funny thing is, I can never be poor enough to make someone else abundant…)

Clarity. Ouch! Uncomfortable though it is to look at, that’s exactly the sort of “abundance issue” Adamus wants us to get over! He doesn’t actually care how much money I allow for myself, but do I really want to magnify the pattern of “I don’t deserve it”? Clarity insists that we look at these things and take ownership of why we’re not allowing what we want. It’s not easy, but with that clarity things begin to get magical! If you can look clearly and honestly at your patterns, you can generate new ones, free and open ones that allow something entirely new to come in.

Part of my “download” was about entering a very clear space of receiving, pure allowing with absolutely no agenda. I invite you to play with this a bit… take some deep breaths, acknowledge everything you’ve observed about your patters, then set them all aside for a moment. Breathe down to the pure open clarity at your core, and feel the energy that’s constantly pouring in. Without form, bias or limitation yet, it is coming in to manifest whatever pattern you’re in.
It’s an incredible feeling when you find it, and I spent a few moments doing exactly that – allowing “it” to come to me. Literally within hours I found myself receiving a brand new, very expensive, aching-back-friendly office chair! I didn’t even know I needed a replacement for my 12-year-old chair, but there it was, coming to me with absolute ease. And it has made a difference in my daily comfort I didn’t know was possible.

A few days later, again I found a few moments of total clarity and allowing, just breathing and feeling that space, completely without agenda. And again, within hours and wholly unexpected, a friend gifted me with a tech gadget I’d been wanting for months! Like I said, with clarity – in other words, without agenda of any kind – magic comes alive. When I allow myself into that clear space of knowing “It comes to me,” the most wonderful and unexpected things are finding their way into my life! Curious things, like a plastic pink flamingo that appeared in front of my garage (apparently, the universe also has a sense of humor!) and profound things, like deep realizations and passionate love within myself.

The confusing thing for the human is that you can’t do this for specific needs. I can’t “breathe more health” or “allow more money for my house projects” because that’s an instant pattern of human distortion. It’s agenda, not allowing. It’s a pattern of limitation and “want,” and energy will serve me with more limitation and want. When I come back to clarity, to pure receiving, allowing, accepting, “it” will be exactly perfect.

Clarity requires deep self-awareness. In any given moment, check yourself, take an inner inventory. What is pulling your energy? Is it tied up in pain, worry, burden? Is it flowing and allowing, even in the midst of external difficulty? See where your energy is going, and you’ll see your patterns. It’s not about fixing the pains and trouble, but rather realizing they are distractions. Be aware of them without tangling up your energy in them. Notice what feels important or requires your concern; that’s your energy pattern. It can be self-trust, enjoying and experiencing life; it can be the feeling of always getting something wrong and never having enough. Which patterns do you want to magnify?

You are a magnet, constantly drawing energy to yourself to manifest experiences. Over eons of time, the diamond-like clarity at your core became obscured, but it’s still there. A prism waiting to return every color to pure light. Outer circumstances do not matter; they simply provide experience and information. It’s the inner patterns that are ready to transform. There is only your Self to remember. And with that, everything else settles into place.

Let go of your issues, for they are nothing but patterns. Stop fighting what you’ve already manifested, because every moment has the potential for new clarity, for “it” to come to you in a whole new way. You are and have always been the center of your creation. Always. It’s a big thing to accept, to see clearly.

“I created this.” The beginning and the end of Mastery.
CRIMSON CIRCLE CORE CLASSES
ESSENTIAL MATERIAL FOR LIFE IN THE NEW ENERGY – TAUGHT BY CERTIFIED TEACHERS

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La Serena, Chile
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April 13–15, 2018
La Tour-de-Trême, FR, Switzerland
Jutta Bosch

April 20–22, 2018
Rodgau-Hainhausen (near Frankfurt/Main), Germany
Karin Hoyer

April 27–29, 2018
Ljubljana, Slovenia
Natasa Babnik and Edward Sharp

April 6–8, 2018
La Serena, Chile
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Jutta Bosch

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Angelika Ruppert

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Brise Baulitz

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Angelika Ruppert

March 25–27, 2018
Bruchsal, Germany
Viola Koehler

April 1–3, 2018
Bucharest, Romania
Carmen Rivalet

October 12–14, 2018
Munich, Germany
Silke Steininger

April 20–22, 2018
Denver, Colorado, United States
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CRIMSON CIRCLE CORE CLASSES
ESSENTIAL MATERIAL FOR LIFE IN THE NEW ENERGY – TAUGHT BY CERTIFIED TEACHERS

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DEATH TRANSITIONS

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Dijon, France
Jean–Pascal Danos

May 4–6, 2018
Turku, Finland
Rita Forsberg-Kimura

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Besch-Perl, Germany
Petra Glaser

June 9–11, 2018
Bogotá, Colombia
Hilda Diaz

November 2–4, 2018
Zurich, Switzerland
Eveline Rufer

January 25–27, 2019
Walding by Linz, Austria
Andrea Fuchs

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LIFE

April 6–8, 2018
Campinas, SP, Brazil
Luiz Antonio Viotto

April 21–22, 2018
Syke (near Bremen), Germany
Lutz Nullmeyer

May 5–6, 2018
Hamburg, Germany
Angelika Ruppert

CLICK IMAGE FOR VIDEO
JOURNEY OF THE ANGELS

April 6–8, 2018
Turku, Finland
Rita Forsberg-Kimura

May 25–27, 2018
Marabá, PA, Brazil
Julio Oliveira

June 1–3, 2018
Marabá, PA, Brazil
Julio Oliveira

July 20–22, 2018
Bogotá, Colombia
Hilda Diaz

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DISCOVERING YOUR PASSION

ESSENTIAL MATERIAL FOR LIFE IN THE NEW ENERGY – TAUGHT BY CERTIFIED TEACHERS

April 6–8, 2018
Turku, Finland
Rita Forsberg-Kimura

May 25–27, 2018
Marabá, PA, Brazil
Julio Oliveira

June 1–3, 2018
Marabá, PA, Brazil
Julio Oliveira

July 20–22, 2018
Bogotá, Colombia
Hilda Diaz
# New Translations

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DE=German; DK=Danish; ES=Spanish; FI=Finno; FR=French; GR=Greek; HU=Hungarian; ID=Indonesian; IT=Italian; JP=Japanese; NL=Dutch; NO=Norwegian; PL=Polish; PT=Portuguese; RO=Romanian; RU=Russian; SL=Slovenian; SR=Serbian; SV-Swedish; TR=Turkish

[VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS](#)