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Welcome to 2021! We deliberately waited to publish this issue until January 1, a few days later than we normally would have released the magazine. It gave our staff a few more days to enjoy the holidays, but the big reason is that we didn’t want any more reminders of 2020, so we waited until the New Year to publish. Yeah for the New Year!

2020 was a devastating year for many people around the planet. I can’t imagine the sorrow of losing a family member or loved one to COVID-19. For me and plenty of others, 2020 was An Inconvenient Year. For Crimson Circle, it was a time of workshop cancellations (how Linda and I miss the in-person events!), a focus on Cloud Classes and our virtual communications with Shaumbra, and a re-evaluation of our internal operations. We were somewhat prepared for 2020 because we already had video production studios in Colorado and Hawaii, with the internal capabilities to produce high-quality content at a moment’s notice. We had already shifted away from live, teacher-presented classes where students meet with certified teachers to take part in core classes like the Sexual Energies School, Aspectology® and Journey of the Angels. The old in-person format simply wouldn’t have worked this year.

The 2020 “lull” also gave us time to focus on our internal systems. You might remember me mentioning that a few years ago, Adamus came to me one night at the Villa Ahmyo in Kona with an admonishment to “get our house in order.” He said the Crimson Circle would be going through big changes within 3-5 years, and to make sure we were prepared for it. I took him to heart because, well, he's an Ascended Master after all. Over the past few years, we’ve improved many of our systems and processes, including video production capabilities, business and financial systems, and event management. We also embarked on a huge program to catalog and archive 20 years of Tobias and Adamus materials. Our old method was to record it and file it, but in reality, we didn’t remember what a lot of the material was about, or where it
was. Under the guidance of Vili Aguirre, we’ve now cataloged, indexed and archived about 80% of our massive library so we’ll be able to access it at the touch of a button in the future.

Everything was working fine, but....

Our technology systems were a huge struggle. If you notice the bald spots on my head it’s probably due to our technology challenges. We used about 4 primary external technology firms for everything from our e-commerce store to security, databases, websites, servers, etc. Working with outside technol-

ogy firms can be frustrating because software developers and programmers are at a premium these days. There’s more work to be done than there are workers to do it. You’re lucky to even be able to find someone willing to do your programming, whether or not they’re any good. We were fortunate to have an excellent primary consulting firm until about 2 years ago, when they dropped us as a client because they landed several new multimillion-dollar accounts. We hooked up with a new firm right away, but in the long run it proved to be a disaster. The stress level for some of our staff members was over the top because this technology vendor didn’t meet deadlines, was always over budget, and produced bad code.
At my wits end, I called out to Adamus for help in early fall 2019. I rarely do this, but I was desperate. “Adamus, we’re trying to get our house in order as you asked but we’ve hit a dead end with our technology issues,” I cried out.

His reply was straight from the Adamus playbook: “The solution will show up at your door,” he answered matter-of-factly. Arrghhhh! How about a nice clear answer instead of platitudes? What door? When will it show up? What will it look like? How much will it cost?? In that moment I had a taste of what it’s like to get the microphone during a live Shoud and hope to get a straight answer.

But Adamus was right. Just a few months later, a Shaumbra by the name of Jorge Merino from Salt Lake City drove to Colorado to attend a live Shoud. During the break, Linda approached him to say hello, him being new and all. He mentioned that he was involved in technology. Hmmm. Intuitively, Linda suggested that he talk to me later in the day.

Jorge politely introduced himself to me at the end of the Shoud day. We exchanged pleasantries, talked about the Shoud and how he had been watching for about five years. I asked him what kind of work he did in the Salt Lake area. “I’m a senior manager for a software development company,” he
IMPORTANT!!

JANUARY SHOULD POSTPONED 1 WEEK

Due to the holidays and other variables, Shoud 4 of the Merlin I Am Series will be webcast on January 9, 2021.

We look forward to gathering virtually with you, live from the Crimson Circle Connection Center in Colorado!

LIVE WEBCAST

replied. DING•DING•DING. The bells went off in my head. Adamus’ words flooded back into my brain. “It will show up at your door.” Less than 10 feet from where we stood was the door to the studio. It was good enough for me. “Jorge,” I inquired, “would you be interested in talking about Crimson Circle’s technology needs?”

Four months later, Jorge left his prestigious job at a large software company and joined the Crimson Circle as our new Senior Director of Technology. It was quite a leap going from a well-established mainstream company to a relatively small (but cool) consciousness/whatever company with an Ascended Master on the Board of Directors.

Jorge spent the next four months getting to know our staff, our way of doing things, our culture, and our wounded technology. In July he assumed full responsibility for our Technology of Things. We were also right in the middle of doing a huge upgrade to our e-commerce platform. The project had started in May and was supposed to be done by late July. Jorge politely let us know that there was no way this was going to happen in a timely manner with our current vendor. He was right. The project still wasn’t anywhere near done when we terminated our relationship with the software development company in mid-December. It was just one more frustrating thing to chalk up to 2020.

But wait, there’s more.....

While Jorge and Michelle MacHale, our Internet Services Manager, were trying to keep our technology ship afloat, Jorge was also assembling a team of highly skilled programmers and developers. We knew we had to take our technology development in-house in order to get what we needed, when we needed it. I gulped when I saw Jorge’s plan to hire not only one, not two or three, but up to five full-time programmers and developers. However, when our Executive Committee (Alain Bolea, Linda and me) compared the numbers to what we were already spending with outside resources, it quickly became clear that we’d get much more and better service, tailored to our specific needs, for not much more money. We pulled the trigger and told Jorge to “hire away.”

What amazed me was how quickly Jorge put the Tech Team together. I thought it would surely take six months, but within two short months we hired four new full-time staff members. I think even Jorge was surprised at the synchronicity. “It shows up at your door,” still rings in my head.

The four new developers and programmers aren’t from the ranks of Shaumbra, but who knows? After they learn that energy is just communications, like software is just a form of communication, they might start tuning into the Shouds. Wait until they hear what Adamus has to say about TimeSpace!
We now have a highly skilled full-time, in-house technical team. Doing things in-house seems to be the best path for Crimson Circle. We also do all of our video production and post-production work in-house, and simply couldn’t do what we do if we had to rely on outside resources. We do the monthly Shaumbra Magazine in-house, as well as all of our graphics, music sourcing, social media and customer service. Now, with the new in-house technology team, we’ll be able to get our house in order quickly, per Adamus’ admonition. We’re already mapping out things for the future such as AI-based Content Searching, AI-interactive virtual Shaumbra gatherings, new Shaumbra-only social media platforms, interactive virtual Q&A with Adamus, and much, much more. What you’ll see coming from Crimson Circle’s tech team in the next few years is unheard of for a company our size, but then again, we’re ALL Masters.

DING•DING•DING keeps ringing in my head. “It comes to you” or, in this case, “It shows up at your door.” Let’s all take this to heart and mind in 2021. Just allow.

INTRODUCING
CRIMSON CIRCLE’S TECHNOLOGY TEAM

Jorge Merino
Senior Director of Technology
American Fork, Utah USA

Juan Carlos Juárez-Lerma
Principal Engineer
Puebla, Pue., México

Alfredo Barranco-Gómez
Backend Developer
Puebla, Pue., México

Iván Parra-Hernández
Front End Engineer
Puebla, Pue., México

Iván Juárez-Lerma
DevSecOps Engineer
Puebla, Pue., México
PROGNOST 2021

THE END TIMES

SATURDAY, JANUARY 16, 2021
ONLINE ONLY
LIVE WEBCAST
FROM THE CRIMSON CIRCLE CONNECTION CENTER
CLOUD CLASS ACCESS FOR 90 DAYS

FEATURING
ADAMUS SAINT-GERMAIN
WITH
GEOFFREY AND LINDA HOPPE

ProGnost is Adamus’ annual trend forecast to discuss the potentials and energy dynamics for the planet. These much-anticipated messages are accurate and helpful tools for tuning into the current consciousness, developments and changes on Earth, as well as average human life and the future trends. ProGnost 2021 will give you tools to help maintain an abundant balance in your life, facilitate your embodied realization, and have the discernment to know the difference between distractions and opportunities.

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn’t usually address the state of the planet, politics, aliens, the environment or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

ProGnost 2021 is a one-day event. Join us live via the Crimson Circle Cloud Class. Attendees receive access to the streaming audio, video and text e-reader for 90 days after the event (or after date of subscription once the event is over).

COST: $75 (through January 10, 2021, $100 thereafter)
DATE: Saturday, January 16, 2021
FEATURED ONLINE EVENTS

PROGNOST 2021 ONLINE
ADAMUS’ ANNUAL PLANETARY FORECAST
También en Español – ONLINE • JANUARY 16, 2021

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn’t usually address the state of the planet, politics, aliens, the environment or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

MORE INFO

ASPECTOLOGY ONLINE
JANUARY 22–24, 2021

Originally channeled by Tobias it’s among the most transformational classes offered by the Crimson Circle. We offer it online once a year only. “Aspectology is natural. It is natural for any creator being to create actors of itself, to create aspects that will serve it. It is a natural thing for all of these aspects to return back home, sooner or later. Somewhere deep within, you have chosen to make this the lifetime, the Point of Presence, for welcoming all of your aspects back home.” – Tobias.

MORE INFO

THRESHOLD ONLINE
FEBRUARY 12–14, 2021

One’s journey from first arrival on Earth to emergence as a Master is long, winding, and filled with joys and heartaches. Getting lost on Earth and forgetting oneself is the “fall from grace” for which humans eternally seek redemption. The many layers of guilt and shame have a great effect on one’s life experiences, but these things simply cannot be carried into Realization. So, the dragon comes in to dig up and release every shred of guilt and shame still borne by the human.

MORE INFO

SEXUAL ENERGIES SCHOOL ONLINE
ONLINE • JUNE 18–20, 2021

Attending the Sexual Energies School is an opportunity for profound transformation and healing, with effects that can include better physical health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and eventually true enlightenment. It is a return to the essence of yourself. Hosted live by Geoffrey and Linda, multiple sessions with Tobias and Adamus, as well as guided personal experiences.

MORE INFO
Shaumbra is at the forefront of understanding the relationship between consciousness and energy. At this gathering Adamus will go in depth into the physics and psychology of how to put energy to work in your life, in a practical and useful manner. This will be one of many Shaumbra groups to explore the intimacy and sensuality of their own energy, and how to let it serve your true desires and creations.

**ENERGY WORKS**
**KONA, HAWAII • FEBRUARY 20–24, 2021**

**ENERGY WORKS**
**KONA, HAWAII • MARCH 22–26, 2021**

**ENERGY WORKS**
**KONA, HAWAII • APRIL 21–25, 2021**

**THE MASTER CODE**
**KONA, HAWAII • MAY 05–09, 2021**

The Master Code is an all-new gathering with Adamus Saint-Germain. The word “code” means a form of communication or symbols, as well as a set of ethics and conduct. We can’t say too much more about this workshop because Adamus is prone to making changes and adjustments right up to the last minute.

**MORE INFO**
FEATURED IN-PERSON EVENTS

THE CHANNELING (AND SENSING) WORKSHOP
KONA, HAWAII • MAY 17–21, 2021

Can you learn to channel in just four days? Absolutely! We’ll show you how to “sense” energies and translate the universal language into something your mind will understand, and other people can hear coming through your voice. In four days, you’ll get all of the basics and more.

MORE INFO

THE CHANNELING (AND SENSING) WORKSHOP
RUST, AUSTRIA • SEPTEMBER 1–5, 2021

Can you learn to channel in just four days? Absolutely! We’ll show you how to “sense” energies and translate the universal language into something your mind will understand, and other people can hear coming through your voice. In four days, you’ll get all of the basics and more.

MORE INFO

TIME OF THE MERLIN
BLED, SLOVENIA • SEPTEMBER 11–12, 2021

This gathering will be a blend of an annual celebration, a Merlin workshop and what used to be the Midsummer New Energy Conference. The September 2021 event will feature channels from Adamus and the yet-to-be-announced entities and angels. Throughout the two-day gathering we’ll be blessed with live music and Shaumbra presentations.

MORE INFO

ENERGY WORKS
SAINTES MARIES DE LA MER - FRANCE • SEPTEMBER 17–21, 2021

Shaumbra is at the forefront of understanding the relationship between consciousness and energy. At this gathering Adamus will go in depth into the physics and psychology of how to put energy to work in your life, in a practical and useful manner. This will be one of many Shaumbra groups to explore the intimacy and sensuality of their own energy, and how to let it serve your true desires and creations.

MORE INFO
# EVENTS CALENDAR

## 2021

**PLEASE VISIT CRIMSON CIRCLE STORE FOR MORE INFORMATION ON THESE EVENTS**

**NOTE:** Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

**CCCC – Crimson Circle Connection Center, Louisville, Colorado**

## JANUARY

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<tbody>
<tr>
<td>09</td>
<td>Monthly Webcast &amp; Shoud</td>
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<td>09</td>
<td>Keahak X</td>
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<td>16</td>
<td>ProGnost 2021</td>
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<tr>
<td>22-24</td>
<td>Aspectology Online</td>
<td>Online</td>
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<tr>
<td>23</td>
<td>Keahak X</td>
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## FEBRUARY

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<td>Monthly Webcast &amp; Shoud</td>
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<tr>
<td>12-14</td>
<td>Threshold Online</td>
<td>Online</td>
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<td>13</td>
<td>Keahak X</td>
<td>Online</td>
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<tr>
<td>20-24</td>
<td>Energy Works</td>
<td>Villa Ahmyo, Kona, HI</td>
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<td>27</td>
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## MARCH

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<tr>
<td>22-26</td>
<td>Energy Works</td>
<td>Villa Ahmyo, Kona, HI</td>
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## APRIL

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<td>Keahak X</td>
<td>Online</td>
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<tr>
<td>11-15</td>
<td>The Master Code</td>
<td>Villa Ahmyo, Kona, HI</td>
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<td>21-25</td>
<td>Energy Works</td>
<td>Villa Ahmyo, Kona, HI</td>
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## MAY

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<tr>
<td>01</td>
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<tr>
<td>05-09</td>
<td>The Master Code</td>
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<tr>
<td>08</td>
<td>Keahak X</td>
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<tr>
<td>17-21</td>
<td>Channeling (and Sensing) Workshop</td>
<td>Villa Ahmyo, Kona, HI</td>
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<td>22</td>
<td>Keahak X</td>
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## JUNE

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<tr>
<td>05</td>
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<tr>
<td>12</td>
<td>Keahak X</td>
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<tr>
<td>18-20</td>
<td>Sexual Energies School Online</td>
<td>Online</td>
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<tr>
<td>26</td>
<td>Keahak X Finale</td>
<td>Online</td>
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If you’ve ever felt like there were invisible influences in your life, or constant murmuring voices in your head, it might be your aspects at work. Aspects are sub-identities of the human self that can help people manage tasks, like the Driver Aspect that knows how to operate a car. Many people also have a myriad of emotionally distorted aspects that came as a result of trauma or dysfunction experiences in this or past lifetimes. These aspects represent the parts of you that don’t feel safe in your inner and outer world, and they’re more than happy to let you know about it.

Tobias introduced Aspectology in 2008, calling it the New Energy Psychology. Since then it’s become one of the core Crimson Circle classes. Aspectology was updated in 2015 by Adamus, and is now offered once a year as a hosted online class. Geoff and Linda Hoppe will once again host Aspectology later this month. They will be live all weekend from the Crimson
Circle studio in Colorado, offering insights and guidance between the Tobias and Adamus recorded sessions.

Aspects feel like you, because they are expressions of the Self from whence you came. It takes clarity and courage to face these parts of you without judgment or attachment; to meet yourself from a new place within and choose who will be in charge.

In the Aspectology school, Tobias and Adamus take you through experiences and reminders that can help you access a new inner sovereignty. From this place of clarity and freedom, you can finally bring all the pieces home, allowing the confusing and frustrating limitations to finally evaporate.

Aspectology will help you to understand the nature and role of aspects in your life. From there you can better create a safe space within yourself, a place for the final integration before Realization.

Consolidated survey results from previous Aspectology Online classes:

<table>
<thead>
<tr>
<th>Description</th>
<th>Percentage</th>
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<tr>
<td>Life Changing</td>
<td>75.5%</td>
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<tr>
<td>A good, positive experience</td>
<td>23%</td>
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<tr>
<td>OK, but not significant</td>
<td>0%</td>
</tr>
<tr>
<td>Not a good experience</td>
<td>0%</td>
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<tr>
<td>Would recommend to other Shaumbra</td>
<td>96%</td>
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*Results do not add to 100% because some respondents did not answer these questions

Translators: Online text transcripts will be available in these languages:

- Norsk
- Português
- Português bras.
- Suomi
- ελληνικά
- Français
- Română
- 한국어
- Русский
- Čeština
- Deutsch
- Magyar
- Italiano
- Español
- Dansk

Aspectology attendee comments:

When I decided to take Aspectology, I imagined it to be another step on the pathway. Now having experienced it, I know that it is the WHOLE PATH. It is all in it. I choose live. I am that I am. Thank you all of you, Merlins and Ascended Masters. ~ SL

Thank you for this amazing experience! My human self can hardly believe how profoundly real and true it has been for him. ~ TS

Now I understand how important Aspectology school is. It’s so life changing for me and it’s absolutely intense, but I’m sure it makes my journey a lot easier. ~ LH

That workshop was amazing and an important / integral piece for me in my realization. ~ GM

Aspectology is the best course for me that I have done with Crimson Circle. ~ HB

Game changer!!! ~ JB

Aspectology is sooo powerful and beyond words. This is the first CC course I intuitively wanted to take… (I think I wanted to do this all my life). Thank you for such a sacred gift. Truly, truly life changing. ~ MS

Wooow, this is so beautiful. What a shift. I choose life. ~ LK

Translations: Online text transcripts will be available in these languages.
I AM SERENA

By SERENA-FAITH MASTERSON

Raised in a satanic cult and subjected from infancy to covert mind-control experiments, Serena developed over three hundred unique personalities in her courageous fight to stay alive. Through the guidance of her Soul and the commitment of one woman, she was able to integrate and set herself free from the darkness of her past. This is her story.
WHOLE — A BREATH AT A TIME

Am Serena is a harrowing yet remarkably uplifting story that recounts how I integrated over three hundred unique personalities into the woman I am today. Before my birth in 1955, my father contracted me to the government’s mind-control program called MKUltra. The program’s goal was to find a way to control human beings through the portal of the mind. Surrendering his child for experimentation was not unusual for my father; he had no regard for human life since he was the head of a multi-generational satanic cult.

At three days old, I was brought home from the hospital, where my training began. I experienced severe abuse aimed at splitting my identity, and it continued into my adulthood. Although my upbringing was horrific, my memoir is inspiring, sharing in storybook fashion how I journeyed toward discovering my identity as a Soul human being through the guidance of higher consciousness and an unwavering commitment from Norma Delaney.

In my book, I write, “In truth, there was no I. There was no awareness of myself as an individual. Instead, there was a physical body, containing fragmented consciousnesses, held together by my Soul to move the life forward. Imagine a revolving door, quickly ushering people in and out. Each personality that comes forward will pick up the conversation where the last one left off. There can be no indication of the switch because that will attract your attention. There is a cohesiveness of awareness, which allows all the personalities to flow as one.”

After ten years of working with top-notch doctors in the field of Dissociative Identity Disorder, I felt hopeless. Memories continued to flood me of things so unimaginable that all I could do was believe they were lies. I wanted to integrate to get my sons home again. I had it all planned out, I thought. I could only dream of surviving. I latched onto the idea of integration in shortsightedness. But my Soul knew a greater truth. She knew of things I could not
imagine. During my therapy sessions, she began to whisper, “There is something more.” When I finally let go of my idea of how I would integrate and opened to her invitation, my life-changing adventure began.

I met Norma Delaney a few weeks later in 1996. She was an energy facilitator with Spirit. She introduced me to compassion and higher consciousness through the energy of Kuan Yin. Norma’s Essence touched me like nothing I had ever known before. Her brown eyes sparkled, assuring me all was well, and her voice had a sound that resonated deep within me. When I was in her presence, I felt as though I was wrapped in a cocoon of loving warmth. For the first few years of our work, feeling terrorized was normal for me. Frantically, I would call her on the phone, and the moment I heard her voice, my entire body would shudder with relief. I could sense there was another reality outside the fear I always lived in. That is why I kept coming back, no matter how difficult our work became.

Norma challenged every single thing I believed. Only through the sacred breath could I begin to hear what she was telling me and have the courage to face my past. She would patiently repeat the same thing to whoever came forward in the body to speak to her. It was Norma’s unending patience and compassion that made the difference, but despite all of that, it took years before ‘we’ trusted her.

Norma revealed a conversation she had with Garret years before. After hearing the same discussion for the umpteenth time, he asked, “How can you repeat the same thing over and over again? Doesn’t it frustrate you?” Smiling serenely, she replied, “But Garret, I was speaking to Roberta, and she had never heard it before.”

Every personality presented themselves as separate individuals with their unique physical characteristics and names. Most were children, some were adults, and a few were monsters. But each one had their part to play to keep the body alive and sane. It wasn’t until the last few years of our work that Norma showed me that these parts of me were aspects of memory. This awareness allowed me to integrate the traumas of my life more easily.

I marveled at our innocence when we started this journey. Neither of us knew how huge an undertaking it would be. It was Norma’s constant yes that made it all possible. She committed herself fully to me. It wasn’t until after Norma died that I began to realize how true that was. Geoff Hoppe told me that no matter where she was in the world, she made the time to connect with me. He remarked that Norma would be having dinner with a group of Shaumbra people and excuse herself to call me on the phone. She knew I lived in constant fear, and if I heard her voice, I would be comforted. People over the years asked her why she kept working with me. They thought it was taking too long. But their opinions didn’t
matter to her, for she knew the progress we were making. Norma would say, “If you didn’t meet me at every turn to do this work, Serena, I would have stopped long ago.” And when I did balk by resisting her guidance, she would stop and allow me to choose what I wanted. This simple act allowed me to connect more deeply to being a creator. I had been a victim, playing the game of fear for so long that this was an integral part of my healing.

I lived with Norma and Garret for the first two weeks of the year 2001 to keep me safe from the aspects that wanted to kill me. From the beginning, I had been trained to never tell the secrets. Specific personalities within the system had learned to keep the secrets at any cost, and the closer I got to the truth, the more they were triggered to do their job and kill the body. Only through Norma and Garret’s vigilance to keep me safe during that time am I alive today.

When they moved to Colorado, they brought me with them. And that is when the real work began. For the next seven years, I lived alone in my little house in Evergreen and had no contact with anyone but Norma.

Norma loved me a breath at a time. Conscious Soul breathing was the tool she taught me to connect to my inner stillness. It was how I began to distinguish between truth and the lies of my trained mind. Norma demonstrated that the compassion and stillness that existed within her was also within me, and all I had to do was access it through this sacred breath. I learned that my Soul loved me so completely and without judgment that she did whatever it took to keep my body alive and my mind sane. It was my beliefs that labeled me as bad or wrong.

When we worked with a memory that elicited judgment, Norma would admonish me and say, “You get to choose Serena. Will you stay with judgment, or will you come deep into your core and breathe? Feel the truth of what your Soul knows.” Holding me in compassionate love, she would wait to see what I would choose. Closing my eyes, I would ask my Soul to help me feel the truth. And as I breathed, I would begin to feel a reality outside the cruel words of my mind. It resonated within me, showing me through feeling that what Norma said was true. That is what created my awareness as an individual.

Initially, I began writing my story to help me connect to the truth. I would sit down at the computer, close my eyes, and allow the memories to surface through Soul guidance. There were layers and layers of dissociative numbness between me and what had happened in my life. It took years of me writing down my experiences before I began to connect with what had happened. When I started to feel how real these events were, it took my breath away. I felt the terror and feelings of abandonment, and they would engulf me in painful emotions. It was only through the compassionate breath that I was able to integrate them. Integration is the act of bringing home old energy, old wounds, and aspects through the breath ‘into the greatness of me.’ I could no longer pretend that what had happened to me wasn’t real. I felt it in every fiber of my body. I had believed my memories were a lie, but that belief disappeared the more I connected to the truth of what I had lived. As I faced the consequences of my experiences from non-judgment, I fell in love with myself more and more, and my past could no longer control me in the same way.
That is the miracle Norma gave me! Through the power of the breath, combined with the willingness to face the truth of what I believed, we began to disentangle the nightmare I had lived. I often felt that my system was like a giant rubber band ball, holding thousands of bands tightly woven together, and if any one of those bands broke, the entire thing would explode. To live life like that was exhausting. Over the past few years, I have had people ask me how I dared to work with Norma. I was surprised by their question. Here was this woman who offered me not only unending compassion and love, but who always, and I mean always, told me the truth no matter how difficult it was for her. Plus, the kind of pain I was in is inconceivable for most people to grasp, and that pain kept me motivated to open to her guidance no matter how difficult it was. Courage didn’t feel like it was part of the equation because you will do whatever it takes to stay alive when you are drowning.

When I discovered that my mother had intentionally called me by different names to create multiple personalities, I was devastated. I had held out hope that she hadn’t hurt me as my father had. As I rocked back and forth, trying to grasp what my mother had done to me, Norma held a space of quiet acceptance. She didn’t try to fix me or tell me I would be alright. Instead, Norma invited me to ask my Soul for her insight. This was the gift Norma offered me. She insisted I find my own answers. She invited me to go to my Soul for comfort. Her intention all along was to help me find me. And as I went within, I felt the compassion from my Soul well up inside me, calming me so I could feel the truth resonate in my body, and that spoke more powerfully to me than words could. This is how I was created as the first authentic consciousness in the body. As I stopped switching and stayed, no matter how uncomfortable I was, breathing all the while, it allowed more of me to be here. I was choosing to live, and this choice fed me, adding to my experience. When I try to share with people that I, Serena-Faith Masterson, really wasn’t born until I had met Norma Delaney, they are confused. I understand that. To birth new consciousness in an adult body to create a new life is a miracle. But that is what my Soul intended all along. The mass of aspects designed to keep the body alive was like actors in a play holding space until real life could be created. This journey has been incredible. When you hear the words, “With Spirit anything is possible,” you can know it is true because I am a living example of that statement. What seemed like impossible odds to many were not to my Soul because she knew we could accomplish my integration one breath at a time.

My story is full of wisdom that is useful to anyone trying to quiet the noise created by the mind, such as negative thinking about oneself, feelings of stress or overwhelm, and fear. Every memory I share is from the perspective of compassion and non-judgment. The memoir illuminates how I transformed from a fearful person plagued with PTSD into a person of aliveness and joy.

Anyone can turn within to begin a relationship with their Soul. All you have to do is invite your Soul to be a part of your everyday life. No matter how loud the fear seems to get, the stillness that lives in the core of each of us is the ingredient needed to guide us out of the traumas of our past. Every person has been wounded in their life, and through the compassionate breath, they can be healed.

I have an ongoing relationship with my sons, who are now adults. I work at a local bank in my community. I thought by the time my book came out, I would no
longer be working as a banker, but that was a mind idea. Yet again, my Soul had a greater plan. In staying at my job, I discovered what it feels like to be transparent. My story is out there for anyone to read, and I am safe. Clients come in and share what my story meant to them. Some have cried with me, while others tell me it has helped them tremendously. Knowing that I don’t have to hide anymore has given me a greater sense of freedom. Can you imagine how wonderful that feels? My past no longer controls me, and my life unfolds in ways that often surprise me, but the most precious miracle of all is I know my Soul, and I am one.

*I Am Serena* is available to purchase worldwide.

Serena-Faith Masterson achieved integration after being diagnosed with Dissociative Identity Disorder (formerly known as Multiple Personality Disorder). It took over twenty years to accomplish her goal. She had over three hundred distinct personalities created intentionally from the severe abuse she experienced by her parents and the government’s mind control program called MKUltra.

After working with doctors and therapists for over ten years to heal, Serena sought the help of an energy facilitator with Spirit. Through the commitment of one woman and her Soul’s guidance, Serena accomplished her goal of personality integration.

Today Serena lives in Colorado, works in the banking industry, and maintains a normal lifestyle, enjoying a close relationship with her sons. You can contact Serena for speaking engagements through email or via her website IAmSerena.net.

NOTE: Books ordered from Serena’s website can only be shipped within the USA. To purchase the book elsewhere, you may follow the links on the distributor page or a quick internet search will provide local distributors.

To learn more about integration, see Aspectology.
In this unusual news flash, Adamus Saint-Germain makes some significant announcements. The Ascended Masters Club has now reached the milestone of 10,000 members; there is a corresponding number of embodied Masters on Earth; the coronavirus, having done its job, is on the way out; and all this happening at the Grand Conjunction on the 2020 Winter Solstice. This transformational time is all about your
own personal freedom and the tremendous weakening of external power. With the Order of the Arc closed – which Adamus said was the “keeper of Time” – now is the time to let energy serve you boldly and fearlessly. Embodied Masters are on the planet and magic is in the air.

The year of 2020 will remain in memory for a very long time as a year of challenge and transformation. As humanity faced isolation and loss from COVID-19, the angelic families were summoned to one last massive assembly and then disbanded. As science and medical researchers worked long hours toward solutions, more and more conscious humans around the planet allowed their Realization. As the Order of the Arc closed, most of the humans who left the planet went on to the New Earths instead of getting stuck in the Near Earth Realms. Give yourself thanks for being here right now and doing what you came to do. It’s happening now.

Note from Geoffrey Hoppe:

Adamus woke me up at 4:30 AM, Friday, December 19. He said he had a message for Shaumbra, and it needed to get out no later than December 21. Linda and I sat down here at Villa Ahmyo in Kona and recorded it later that morning. The staff wheels turned quickly to get the message out in less than 24 hours, including reviewing and uploading the audio file to the server, transcribing the audio file to text, preparing the PDF, writing the description, sending the audio and text files to the translators around the world, creating the graphic, preparing the social media postings, etc. There’s a long list of tasks that need to get done before releasing a message, and the CC team came through once again with speed and grace. Everyone knew the message was important and did whatever it took to get it ready for Shaumbra.

So, what’s the urgent message all about? It’s about Ascended Masters, embodied Masters, COVID-19, the Grand Conjunction and Winter Solstice, and coming to the end of a challenging and transformational year. More than anything, it’s about a significant potential that’s available to you right now.

Now, tap into the energies of the December 21 Grand Conjunction and Winter Solstice as you listen to this important message from Adamus.

HIGHLIGHTS

- 10,000 Ascended Masters
- A significant Grand Conjunction
- The keepers of Time have disbanded
- Coronavirus has done its job
- Power is fading
- NOW is the time to let energy serve you!

Length: 28:34
Format: Downloadable audio (mp3) and text (pdf)
Cost: FREE
Featuring: Adamus Saint-Germain, Geoffrey & Linda Hoppe
Recorded at Villa Ahmyo, December 2020
The journey of a new angel from first arrival on Earth until they finally emerge as a realized Master is very long and winding, filled with experiences, joys and heartaches along the way. Getting lost on Earth and forgetting oneself is the “fall from grace” for which so many religions try to offer redemption.
For this, and for countless “mistakes” along the way, humans have accumulated layer upon layer of guilt and shame, most of which they are unaware. Shaumbra in particular carry a tremendous burden of guilt from the times of Atlantis, and many embarked on a spiritual path to find that inner forgiveness. However, every Ascended Master, without exception, has gone through the often brutal experience depicted in Threshold – facing what Adamus calls the dragon, the relentless inner challenge to uncover and release every guilt and shame still borne by the human. Without this liberation, one simply cannot go into Realization.

The thread that winds through Threshold is the true-life story of Margo, an Ascended Master who faced incredible darkness, pain and challenges on her way to Realization. Her journey is a metaphor for every Master’s trials as they release all that holds them back. The dragon of clarity appears, accompanying the soon-to-be Master on every step, until all is released. Adamus tells of his own brutal encounters with the dragon in his final months on Earth, as well as the challenges faced by Tobias and Kuthumi in their final times before Realization. The dragon guards the door to Realization, and then accompanies you through it the moment you are ready.

Note: The Sexual Energies School is a prerequisite for registering for the Threshold. Attendees must read and consent to the Integrity Agreement.

SESSIONS

1. Why Threshold

Although it is the last thing anyone does before Realization, including every Ascended Master, this information is not being taught anywhere else. Threshold is the reason Adamus is working with Shaumbra, especially the “Founders,” and the dragon is a very important part. He says, “If you think you’ve already encountered the dragon, think again.”

2. The Journey Begins

Realization is remembering who you really are; why did you wait? Margo’s journey begins, a metaphor for your own; what’s your story?
3. Forgiveness

Guilt and shame are seductive, they keep you working on yourself instead of allowing. There is no karma because the energy is all your own. At the end of the path, Margo misunderstands a sign, and finally hears an all-important whisper.

4. Guilt

There is no guilt in the I Am, it is entirely human made, and Adamus talks about where it came from. There is a choice to be made: Are you ready to receive the unforgiving forgiveness?

5. Invitation

At the end of the road, there is one final thing to allow. Can you receive it? Are you worthy enough? If so, it comes into every single part of your reality. All you need to do is receive.

6. Fall from Grace

The guilt comes from nearly every point in your existence on Earth. You got trapped, the “fall from grace,” turned your back on your own energy, and now suffer the indignities of being human. There is a particular point of guilt for Shaumbra.

7. The Encounter

Reminding us it is important to feel the energy behind the words, Adamus tells the stories of Tobias, Kuthumi and then himself, and their painful encounters with the dragon.

8. Taking Flight

This time for integration brings a profound and unforgettable journey with the dragon.

9. Questions & Answers

Adamus answers listener questions about Threshold.

10. Your Light

Your own personal timing is absolutely perfect; a natural alignment is taking place on all levels, even your past and future lives. Margo’s story concludes; she is now at the Ascended Masters Club and part of every Threshold gathering. When the dragon has found everything, will you stay and share your light?

HIGHLIGHTS

• The path to Realization holds a few surprises
• Secrets hidden deep beyond the human’s grasp
• The dragon comes to find them
• An unrelenting demon becomes your dearest friend
• St. Germain himself did not escape
• The final ruthless step before Realization

Cost: $595
(50% discount for previous attendees)

Featuring: Adamus Saint-Germain, and Geoffrey and Linda Hoppe

Access: 14 days access to the video and 90 days access to the text e-reader.

Translations: Online text transcripts will be available in these languages

• Deutsch
• 한국어
• Français
• Italiano
• Español
• Română

MORE INFO
WATCH EXCERPTS
A FORWARD-LOOKING MESSAGE OF HOPE, INSPIRATION AND ENCOURAGEMENT!

Beloved St. Germain talks about the profound changes in all realms that have taken place in 2020, all because of the illuminating presence of consciousness. Ungrouping was a huge factor with the disbanding of angelic families, the Order of the Arc and humans across the planet having to stay home. Scientific research and discovery took a quantum leap, and humanity is moving toward humanism and individuality.

Saying that we are now deep into the Time of Machines, St. Germain acknowledges that 2020 “was a year beyond any that I’ve ever seen” in all his many lifetimes. Technology is changing not only the very nature of planet Earth, but the entire physical universe. This radical transformation was triggered by the coronavirus, illuminated by consciousness, and is exactly why you are here.

St. Germain states: I ask each and every one of you to feel into your hearts, to feel into why you came here at this Time of Machines. Yes, a small group can make a big difference when they’re simply here sharing their consciousness and their light. A small group can affect an entire planet and an entire universe.
CURRENT CLOUD CLASSES

When you subscribe to any Cloud Class you have full access to the streaming audio, video and text files for 90 days.

Most Cloud Classes will remain available indefinitely. You have 90 days streaming access from the date of purchase (or from the date of broadcast, if applicable). We also provide online English transcripts and text translations when available.

We hope you enjoy these essential offerings from Adamus Saint-Germain!

- 10 Years with Adamus
- Adamus’ Sensuality Clinic
- Ancestral Freedom Update
- Consciousness Revolution
- DreamWalker® Birth
- DreamWalker® Death 2020
- Four Masters in Munich
- Journey of the Angels Update
- Magic of the Masters
- The Master’s Life, Part 1: Transfiguration
- The Master’s Life, Part 2: I Am Here
- The Master’s Life, Part 3: Embodiment
- The Master’s Life, Part 4: Sensuality
- The Master’s Life, Part 5: Ahmyo
- The Master’s Life, Part 6: No More!
- The Master’s Life, Part 7: I Am Creation
- The Master’s Life, Part 8: Nova Vita
- The Master’s Life, Part 9: Realusion
- The Master’s Life, Part 10: Way Out
- The Master’s Life, Part 11: Living Energy
- The Master’s Life, Part 12: Pathways to Realization
- New Earth Update
- Passion of the Merlin
- ProGnost 2014 – It’s Happening Now
- ProGnost™ 2016
- ProGnost™ 2016 UPDATE
- ProGnost™ 2017 – Bridge to Theos
- ProGnost™ 2017 UPDATE – 6 Ways the World is Changing
- ProGnost™ 2018 – Last Era of the Mind
- ProGnost™ 2018 UPDATE – Goodbye Gaia
- ProGnost™ 2019 – The Dragon Enters
- ProGnost™ 2019 UPDATE – For the Dreamers
- ProGnost™ 2020 – Planetary Awakening
- ProGnost™ 2020 UPDATE – Adamonomics 101!
- Quantum Allowing
- The Simple Master – Allowing & And
- Timeless – A Journey Beyond
- Wound of Adam

PASSION OF THE MERLIN

Our journey of eons and lifetimes must eventually culminate in Realization. While it is nothing that the human can accomplish, the soul’s enlightenment is inevitable. The human’s only duty is to experience and allow the awareness of the I Am. Aided by the dragon, the Master visits every moment of every lifetime, collecting the wisdom until Merlin emerges, unbound by time and therefore truly free. As the human turns to face its timeless Self, another Ascended Master appears.

Bringing together extraordinary Ascended Masters, inspiring presenters, and more than 1,500 conscious beings from around the world, this was a landmark event – a culmination of the Atlantean Dream and a testament to the tenacity, passion and commitment of Shaumbra. Full of laughter, inspiration, sneak peeks, deep merabhs and profound messages, this is an experience you will never forget.
“Economy” is simply the movement of energy, whether in the world's financial systems or in your own inner House. The Master understands that it’s all your own energy serving you and therefore allows abundance in every form. The antithesis of this is debt, which “keeps you in owing instead of owning.” Adamus shares very clear insights and suggestions about cryptocurrency, investments, debt and conscious corporations.

He also talks about viruses and the important service they provide in bringing energetic balance. He then discusses the four main types of economies and how it is time for drastic change on the planet, because it’s safe enough for big shifts. In fact, this is why you’re here, to radiate your light for those who are creating the new economies and systems. It's time for Shaumbra to get over their issues with corporations and look below the surface at what is really happening.
There’s something we don’t talk about very often. Not that it’s a big secret. Not that it’s not important. We don’t talk about it a lot because it’s one of those quiet, sacred things that doesn’t need a lot of discussion. It’s the CC Angel program, and we only talk about it once a year to make sure everyone knows how important it is to Crimson Circle.

The Angels are the backbone of Crimson Circle. They provide essential financial and energy support that enable us to offer a wide range of free, high quality products throughout the year, employ a staff of 15 full-time and
a dozen part-time people, keep up with the latest technologies, offer translations in over 20 languages, and build a world-class library of information about the journey from awakening to Realization.

The CC Angel program started in late 2009, when numerous Shaumbra came to us asking how they could help financially support Crimson Circle. They said “We get so much from the materials, and we’d like to give something back as an energy exchange.” We set up the CC Angels program so Shaumbra could make monthly donations of $22, $44 or $99. Today, there are over 1,000 CC Angels from every corner of the world. Their financial support is significant, but the energy behind that is what supports us on a daily basis. They require no rewards for their important service, giving from their hearts to simply be part of the Crimson Circle family in a meaningful way.

In the very early years of Crimson Circle (1999 – 2004), Linda and I provided a lot of financial support for Crimson Circle out of our own pockets. We had done well in the business world prior to starting Crimson Circle, so it didn’t create a big hardship for us. Eventually the Crimson Circle grew in size. We hired full-time staff members, set up an office, created a big website, and traveled around the world. The expenses grew beyond what Linda and I could support, and right about that time people started making donations without us even having to ask. The donations, along with paid workshops, are what kept us going in the first 10 years. Eventually we added a variety of physical and digital products, and more recently we’ve added the paid Cloud Classes. But the CC Angel donations are still an essential part of being able to offer so many free products and services.

Now we enter the next phase for Crimson Circle, based on Adamus’ admonition to “get your house in order.” (See my lead article for more information.) We recently hired four new computer software developers and programmers. Under the leadership of Jorge Merino, our Senior Director of Technology, we now have an in-house team of five experts to take us into the Time of Machines with the appropriate technology. This makes the CC Angel program more important than ever. We’re now dealing with multi-million-dollar budgets, substantial monthly expenses, and Adamus pushing us to new limits. The CC Angels help to make this all possible.

Back in February 2020, when COVID-19 was spreading, I woke up in the middle of the night filled with dread. I felt into where COVID was going, and knew that we’d have to cancel many if not all live workshops for the year. In my state of anxiety, I wondered if we’d have to lay off any staff members or cut back on services for Shaumbra. In that bleak “3-in-the-morning” moment, I remembered the loving financial and energetic support of the CC Angels, and how it had gotten us through tough situations in the past. Just feeling into the CC Angels helped me to release my anxiety, and imagine the other potentials for the year. As it turns out, 2020 was a very good year for Crimson Circle in just about every possible way. This is just one example of how the CC Angels are truly the backbone and energy support for our organization.

This is our once-a-year talk about the CC Angel program. You don’t hear us asking for donations, we don’t have fund-raising drives, and we certainly don’t require tithing. If you’re interested in becoming a CC Angel just click the link below for more information. If you’re already a CC Angel, we are filled with gratitude for your love and support. You make all of this possible.

By Geoffrey Hoppe
THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the Crimson Circle store and click on Ratings and Reviews!

A BEAUTIFUL MASTER’S LIFE

I appreciated the intro and the beautiful nature that can be seen during the sessions. While it is a very informative material, I find it fascinating how it is addressing the awareness and reflection on oneself and how we are doing some things. Overall, while going through the sessions I felt it to be very encouraging on many levels and kind of relaxing. The last session has a beautiful merabh of Allowing. I almost wouldn’t want it to end, but I can replay it. I appreciate most the simplicity and clarity added to Allowing during the merabh.

~ FM

ANOTHER NOT TO BE MISSED

Adamus starts slowly with a broad background of Crimson Circle teachings, so it is very suitable for beginners. He clearly defines what Realization is and how it is different from Awakening. He also brings beautiful teachings of Tobias into new energy and new understanding including the fruit of the rose, allowing, and the painting.

~ IW

W IS FOR WUNDERBAR

An experience truly Worth Watching! It reminded me of the old variety shows, with music, comedy, drama, yes but also the Wisdom of many Wizards sharing… a true co-creation of a wide variety of exhilarating experiences!

~ TO

AM I ENLIGHTENED NOW?

I will always remember this weekend with Passion of the Merlin. For the rest of this lifetime and after I have left Earth.

~ AMA

SUCH A GREAT EXPERIENCE

Wow, full circle in so many ways. …this goes so deep, so deep, that if you are ready to feel into this and allow it, off you can go or stay.

~ FA
A TURNING POINT

Hundreds have now allowed their Realization, and things will never be the same going forward. Wherever you are on your pathway to Realization, this event offers incredible insights and support. A most heartfelt thank you to all who helped in the creation of this event.

~ KH

YES I AM ENLIGHTENED

I could not talk after this event. ... The energies are here, the window is wide open for all of us. Every day later adds another richness, every day earlier another potential. This is the Moment of Sweet Aloha between myself and my Soul, and I allow myself to savor it and to respond by no one else’s standards but my own. Happy Enlightenment, Shaumbra!

~ PS

EXCEPTIONAL EXPERIENCE

Technically everything flowed flawlessly. I’ve been supportive of the Crimson Circle for over twenty years and commend Geoff, Linda, Adamus Saint-Germain and the entire staff that contributed to this worldwide production.

~ PC

CHANGE IS COMING

I felt the beauty of death and for the first time in a long time I felt the evolution of this planet. Under all this chaos, people in power grasping to survive and being so disconnected from the new reality. And in some places young people say enough is enough. I can feel the change coming. There is so much beauty in death. So much magnificence and honoring. There’s no judgement. No fear. And it is a natural way to take a break between adventures. This is a must program for everyone who is serious about Realization.

~ IW

CELEBRATION

It’s for everyone now in Realization, for those who soon will be, and clearly for those who are in any of the myriad stages of (Rude) Awakening. It’s a celebration of Realization; it’s a ceremony of both the inane and the deepest of the deep.

~ PS

ANOTHER POINT OF SEPARATION

What a treat. I cried, I laughed. Such a beautiful presentation. It brought different parts of the world into this present moment. Time and space redefined. I almost physically felt the points of consciousness and wisdom igniting around the world. Especially during the groundbreaking last segment from St. Germain.

~ IW

THE CRITICS CORNER
Beyond physics, metaphysics and even quantum physics, Adamus invites the listener deep into cosmic science, mathematics, and the way things really work. Unlimited consciousness, the source of everything and attractor of energy, is simply awareness. A part of your consciousness stuffed itself into matter and – the ultimate limiter – time. The key to freedom is realizing you exist both in time and out of time. The human part of you in time cannot do enlightenment, but it can become aware of the greater part of you that exists beyond.
In this expanded awareness, doubt disappears. Joy, magic, healing and freedom are easy to allow. And you can become adept at ‘star-hopping,’ the art of being anywhere in any time you desire. As Adamus states, “This is the way reality is supposed to be.”

In this landmark event, Adamus Saint-Germain sets the stage for years to come, diving deep into consciousness and taking the audience far beyond time. Time, he says, is the ultimate structure. Sensual, seductive and addictive, time lets you feel space and motion, perceive colors and dimensions, and experience cycles of growth, death and birth. Time is what causes you to get temporarily lost, until the human says, “I know there’s more,” begins to wake up and remember the Self that exists in Timelessness. Then, with a shift in consciousness – i.e. simply adding another point of awareness – you can allow yourself to go beyond.

**SESSIONS**

1. **Consciousness and Energy** (1:22:44)

   Adamus explains the fundamentals of reality, including quantum entanglement, particles and waves, going far beyond what scientists have yet perceived. He shares a metaphor of how we got into this limited physical experience, and how we remain stuck until the human realizes there is “more” and consciousness – the cause of all things – responds.

2. **A Matter of Time** (1:12:00)

   Coming from a place of timelessness, Adamus tells a short story about being in two places and times at once. Inviting the audience into an experience, he demonstrates how important it is to “change your chair” and allow yourself to “know that you know.” After feeling into time itself, the audience is invited to symbolically break out from under the rule of the Overlords of Time.

3. **Star-Hopping** (1:06:44)

   As a creator being, you can shift your consciousness into multiple points of awareness, and thereby begin understanding and experiencing different levels of reality. Adamus calls this “star-hopping,” and leads a deeply profound experience of expanding your own consciousness. Note that the physical effects may linger for a few days.

**HIGHLIGHTS**

- Remember the secrets of your omniverse!
- Cosmic science beyond even quantum physics
- Time holds everything together – and keeps you stuck
- Most of your consciousness exists outside of time
- Experience your true multidimensional nature
- “You’re here. You’re there. Your there is here.”

**Format:** Streaming video, audio and online text e-reader

**Cost:** $75

** Featuring:** Adamus Saint-Germain and Geoffrey & Linda Hoppe

**Recorded** at the Crimson Circle Connection Center
It still surprises me that no matter how clearly I “know” something, it must be lived out and actually experienced in order to be real. Take worthiness, for instance. I “know” I’m worthy of all good things. I “know” the mere fact of my existence on the planet means I deserve abundance, pleasure, joy, ease and grace. Yet, over years and eons of time, I’ve taken on heaps of belief systems that run exactly opposite to that truth. Sure, by now a lot have been found and discarded… or have they? Did I actually let them go, or just bury them a little deeper beneath my brilliant logic?

Fortunately, the dragon is quite thorough when it comes to digging up the remnants of garbage still scattered around my almost-pristine inner world. Besides her persistence, I swear that damned shapeshifter has a sense of humor too. And yes, I have a story to tell.
First, a reminder of something Adamus said in the December Shoud. With great passion, he declared: “You should be enjoying the experience of being on the road – one of those open, nicely curvy roads with a beautiful landscape around it – going fast on a beautiful day. That’s what it’s all about. That’s what you’re here for. You’re not here for the thinking. Most people just think, and never experience what it’s like to drive, to be in the car – a convertible with the top down and the music playing away – and just enjoying. That’s the experience. Most people just think and forget to experience. But Masters, they do it different.”

By the time he’d said all that, I was feeling quite proud of myself, even jokingly accusing Adamus of spying on me, because what he described was exactly what I’d just been doing! Through an unexpected series of events, a hot little Mazda Miata sports car had recently come into my possession, and I’d driven it to the studio that very morning, top down, making the most of the winter sunshine. And what’s more satisfying than being able to say, “Ha, look at me, I already got it!”

However, as the saying goes, pride goes before a fall. Well, it wasn’t a “fall” so much as me needing to forget about showing off to Adamus, drop the everlasting and oh-so-subtle quest for approval, and make it all about my own integration.

A few days after the Shoud, I drove my little hotrod to the mechanic for a checkup. After getting a clean bill of health, I had a couple more errands, followed by the lovely drive home to tuck my new baby in the garage for the winter. Here in Colorado, there’s a short stretch of freeway between Louisville and Boulder where the traffic just flies down the open road. My next appointment was in Boulder, so I put the top down, cranked up my favorite song, and hit the gas. Shouting to Adamus – “Yes! This is the life!” – I pumped my fist to the sky in pure joy. At precisely that exact moment, the car died.

Zooming down the hill in the fast lane at 80 mph (128 kph), my car simply went dead! The motor stalled, all the error lights came on, the power went out of the steering and brakes. After trying unsuccessfully to restart, I eased across the lanes, cutting off drivers with an apologetic wave, and slowly coasted to a stop on the shoulder, as far away as possible from the roaring traffic. Just when everything was absolutely perfect, it all went wrong. What the hell?

I took several deep breaths and tried again and again to start the car, to no avail. All systems were completely unresponsive. I called the mechanic shop; they were very sorry, but of course couldn’t do anything over the phone. Reluctantly I cancelled my appointment in Boulder and called for roadside assistance, annoyed that my conscious breathing and magical thinking hadn’t restored everything to perfect order.

There was nothing to do but wait, my sweet little convertible now the object of amusement and pity for the thousands of drivers roaring past. And
it was cold. Having the top down and heater off would be a permanent situation until the engine was resurrected. Cold wind blowing my hair, I zipped up my coat and glared at the sky. At least the snowstorm wasn’t due for a couple more hours.

Finally, the flatbed truck arrived, loaded up my car (it’s too small to tow), and we drove the 10 minutes back to the shop. Once it was unloaded, I handed over the key, ready to throw a fit if it started right up for the mechanic. But no, it didn’t work for him either, although he did notice that the antitheft system had been triggered. When the car’s computer thinks you don’t have the right key transponder, it shuts down. But how the hell does that happen at top speed on the highway?? Why would the system suddenly decide I was stealing my own car? Even the mechanic was baffled.

I called my daughter for a ride, wondering how I’d get the Miata back home with all the snow in the forecast (they’re not exactly designed for winter driving). While waiting, the mechanic informed me that his equipment couldn’t even talk to the car. That morning they’d been able to check all sorts of readings with their computer; now the system would tell nothing. Eventually, he found a blown fuse and replaced it, only to have it instantly blow out again. About that time my daughter arrived to take her grumpy mother home.

Warmed up and back at work several hours later than expected, I had to wonder what the hell my energy was doing… or what I was doing with my energy. Or, as Adamus would ask, “What’s the energy communication in all this?”

To me, this lovely little car represents a whole new joy of life, letting myself relax, play, and choose something because it’s fun instead of practical. If the car needed to reset itself to my energy, couldn’t it be a little more convenient about the process? And anyway, what actually happened?? I’d found some obscure webpage that said mobile signals or other wireless technology could possibly interfere with the antitheft system, but I’ve never heard of cars just shutting down in the middle of the freeway. Maybe it was the intense sunbursts making news that day, but nobody else was having this problem. What was the REAL energy communication?

With assistance from a very wise friend, it finally became clear.
The truth is, I’ve gone through a LOT these last few weeks (and months and years). Like so many of us who are determined to grant ourselves freedom, I’ve overcome a ton of challenges and old programming from this and other lifetimes. To me, this car represents that long-sought freedom, as well as pleasure, joy, abundance and abandon; literally a Master living the hell out of life.

But then, in this wide open moment of joy and freedom, the car shuts down! WTF? 80 mph and the fuse blows?! I’m safe, the car isn’t damaged, but there’s a huge energy looming around all of this.

Okay, look deeper. A fuse is a limiter, designed to fail when there’s too much energy running through the system. Kind of like inner aspects that are designed to “blow” when I get too close to something they’re trying to protect. What’s the real issue? Ah, here it is: Am I worthy?

No really, am I ACTUALLY worthy of such indulgent extravagance?

There are a surprising number of voices inside that don’t think so. Just a few days earlier, I’d been talking with a family elder who blamed all the world’s woes on people putting themselves first. What if that’s true? Am I honestly worthy of this car and everything it represents? Do I really deserve such luxurious fun when people around me – even people I love – are struggling and suffering?

That is the energy communication question. While the answer is obvious to my mind, clearly I haven’t allowed myself to experience it fully. Will I replace the fuses just to have them blow again? Do I even need the fuses anymore?

A few days later, things were still not at peace. No matter how logically I “knew” what that crazy episode was about, no matter how much I told myself “I’m worthy, I’m worthy,” it was still all in my head. Nothing had taken root deep within my being, and nothing had really changed.

I felt restless, like stuff was chewing at me on the inside, and I needed to get out of the house. Heading to town in my oh-so-sensible Toyota, mind and body occupied with driving, I was my own captive audience. A perfect setup for some clarity and energy moving.

And my, oh my, there was energy ready to move! The moment I got in the car, a deep rumbling anger started churning toward the surface. No, actually, it was fury. Glaring, growling, shouting, I had no clue what had triggered such a sudden ferocious anger. Howling my way down the hill, I finally took a breath and said out loud, “Yes, I feel you, angry part of me. But you are not in control. I may feel and even express your emotion, but I will not act you out.” I could tell it was enjoying the rush of energy and attention, and if I let it take over, I’d soon be careening recklessly down the road in that sort of mood where you just don’t care what happens. This was an aspect – a very angry one – but no way was I giving up my sovereignty to it. I clearly felt its fury, but it was not ME.

When it realized I wouldn’t take the bait, it calmed down a little. Still talking out loud, I puzzled, “Why are you so angry? What does all this fury have to
do with worthiness and receiving?” I honestly didn’t understand, but I knew the answer would come.

A few more miles down the road, clarity began to emerge. Beneath that white-hot anger was intense sorrow, betrayal, grief and pain, pouring out from all the parts of self that had wanted to receive but were denied. They had believed they were worthy of every good thing, but then came the teachings of guilt and shame, original sin, how lowly humans only deserve torment and damnation. Like bright-eyed children whose magic is rejected, the simple purity of these other selves had been crushed, until all that was left was anger.

Now I understood.

My heart opened. Taken aback by what I’d put myself through, all I could do was breathe. Stopped at the traffic light, I found a tissue and wiped away the tears. Where moments before I could only feel blind rage, now I was filled with compassion. And a question.

How to integrate these parts of me, now off sulking in the corner, regretting they had even let themselves be seen? They hadn’t suddenly become friendly with my recognition. Oh no, this grudge was ancient. My soul had the answer.

“I’m so, so sorry for what you went through,” I said out loud as traffic began moving again. “I truly feel your pain, dear self of me, every bit of it.”

Unconvinced, there was no response from within, but I knew what was true. “The way to fix this,” I continued, “is that now you get to receive every good thing through me! That’s why I called you out and that’s why I’m here, to make everything right again, to be worthy again.”

I took a few more deep breaths, distracted by the traffic, the weather, the to do list in my head. When I returned to the inner awareness, those angry, sulking, hurt feelings were nowhere to be found. They had snuck home while I wasn’t looking.

Now am I worthy? Well, there are a lot fewer parts of me who don’t think so, that’s for sure. And there’s more of ME to remember that I am. Are there still aspects that will need to blow a fuse or cause some other calamity just when life is getting good? It doesn’t really matter. What matters is reminding myself that the mere fact of my existence is enough to deserve life, joy, abundance, pleasure and freedom. Anything else is a lie that I no longer need to believe.

So, what about my lovely little Miata? After spending hours searching for the issue, the mechanic called me the next day with the diagnosis. While he was underneath the car for the umpteenth time trying to find the problem, something literally fell and hit him in the face – a freshly deceased mouse! At some point it had crawled up into the works and chewed on the wires which, in a moment of supremely ironic timing, shifted just enough to short out against the engine block and shut down the entire car.
A mouse. My energy in communication. An aspect, a pest (aspest?) sneaking around in the most unlikely places, gnawing at stuff incessantly and messing up the wiring, aka my energy flow. I wasn’t victim to an energy burst from the sun or cell phone microwaves or alien brain beams. There was just a part of my Self that didn’t know any better, still trying to look after me in its own limiting way by stopping the flow when it got to be too much. A pretty effective fuse stuck in the ‘not worthy’ slot.

As the mechanic ended our call and closed up shop for their holiday party, he chuckled about the story he’d be telling his buddies that night, something about “getting moused in the face.”

And me? Well, I did say, “Whatever it takes.” I just didn’t expect my dragon to be quite so creative, nor that it would take the form of a mouse. However, with the inner rewiring mostly done, it seems like a pretty good time to retire all those old fuses.
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LEGEND: BR=Português Brazil, BG=Progu Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO=Korean, LV=Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR=Српски, SV=Svensk, TR=Türk, UK=український, ZH=Chinese

VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS
A Special Message from St. Germain
For 12 12 2020

Consciousness Revolution
Star-hopping beyond time and space

Breathe it All In
Highlights from Merlin I Am 3

Merabh of Timelessness
From Merlin I Am 3
SHAUMBRA MAGAZINE: How and when did you find Crimson Circle?

LARRY: It would have been around 2011. I had spent the last few years running away from decades of the buffet of New Age and other spiritual things around San Francisco. Oddly enough, I was cleaning out my hard drive and, for some unknown reason, there was a pdf of the Tobias Creator Series. I had no idea where it came from, but I got into it — in fact rather obsessed over it — and there I was, jumping back on the seeker path once again. However, I learned fairly quickly that that wasn’t really serving me very well. For my entire lifetime, since I “woke up” at about 10 years old, spiritual seeking was sort of my main focus.

SM: So, did you find what you were looking for?

LARRY: Yeah! I most definitely did. Basically, three entirely new concepts kind of blew me away at the time. One was “The human is not responsible for Realization.” That was a big one. Then the concept of embodied Realization was a big one. My thoughts before that were that maybe someday I’d get holy enough and float off to cosmic whatever-ness, which actually was not very attractive at the time. And it usually involved giving up all of the juicy bits of being a human. Third was the concept of sovereignty.
SM: How did you come to be on the Crimson Circle staff and what do you do?

LARRY: In the summer of 2014 it happened that I was on a road trip that coincided with the last few weeks of installing the initial studio in Louisville. After connecting with someone on the staff and offering my services, I wound up working the last few weeks and meeting the folks and having a wonderful time. I returned to San Francisco for a couple more years until I retired, then moved to Boulder and once again was available for various tasks in the studio.

SM: What are you doing now for CC and what skills did you bring?

LARRY: I’m sort of backline availability, which is cool since I’m retired. I help with studio upgrades and tweaks and occasionally the décor, and I was able to be of value for the event in Santa Fe in 2019 (“10 Years with Adamus”). It just so happened that I’d done many similar events in the past, so I had a background that was useful, especially since that kind of “remote” event was a first for a lot of the staff.
In terms of skills, I lit my first show in the 4th grade, meaning I turned on the lights at the appropriate times and did a lighting design for the 4th grade chorus concert. Throughout my school years I was a theater and music geek – the appropriate term would have been “nerd” – and was also considered to be a borderline juvenile delinquent with authority issues, so I got my pirate cred in early. I got a degree in music and ended up working for a PBS affiliate as their studio manager, right at the time when they were changing over from black and white to color. Yes, it was that long ago!

Then I went to San Francisco for 42 years and did all manner of production and design work, quite often for high-end local organizations and people; basically, I did a whole lot of cool things with a whole lot of exceptionally wonderful people. The last 18 years, along with select outside projects, I was technical director for the Cowell Theater where I ran all of the tech operations until I retired in the summer of 2016 and moved to Boulder.

SM: So, you’ve been in this kind of production work for a long time!

LARRY: Yeah, literally thousands of shows, events and projects. Actually, the career was quite wonderful, and I had a great time. Then it was time to walk away and move to Boulder, although I’m thinking about heading back to California. I thoroughly miss the ocean.

SM: What do you feel passionate about?

LARRY: In terms of the work itself with Crimson Circle, I got a lot of juice from working with high-end crews, especially where there’s opportunity for a great deal of syn-
ergy and synchronicity. And if you add Shaumbra values to that, it gets quite wonderful.

I’m really passionate about working terra incognita in unprecedented areas, such as what we’re doing in Crimson Circle. That’s really exciting.

And I thoroughly enjoy designing and facilitating live performance, particularly on a high-end and very complex basis, such as stage-managing opera and behemoths like that. With so much going on, you have to be more than one step ahead at all times, while you’re also in real time doing your job – not unlike running camera while listening to a Shoud.

SM: Anything else you’d like to share?

LARRY: I’ve come up with a useful word recently, something that came to me at like 2 o’clock in the morning a couple days ago. Rather than calling what we’re doing a ‘path’ or a ‘journey,’ I think perhaps a better word is ‘trajectory.’ It implies being self-powered rather than mudging along a muddy path. And the other component is that you’re given a boost, and then you just coast along for the ride. I think that sums it up pretty well.

*Larry may be contacted via email.*

Old fart at play, Bodega Bay, CA
# CRIMSON CIRCLE STAFF

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## FULL-TIME STAFF

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<tr>
<td>Geoffrey Hoppe</td>
<td>Co-founder, Channeler</td>
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<tr>
<td>Linda Hoppe</td>
<td>Co-founder</td>
</tr>
<tr>
<td>Virgilia “Vili” Aguirre Alvarez</td>
<td>Translations &amp; IP Management</td>
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<tr>
<td>Alfredo Barranco-Gómez</td>
<td>Technology Services</td>
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<td>Alain Bolea</td>
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<td>Bonnie Capelle</td>
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<td>Seissa Cuartas</td>
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<td>Iván Juárez</td>
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<td>Juan Carlos Juárez</td>
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<td>Michelle MacHale</td>
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<td>Peter Orlando</td>
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<td>Iván Parra</td>
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<td>Steve Salins</td>
<td>Financial Operations</td>
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<td>Jean Tinder</td>
<td>Content &amp; Communication</td>
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## PART-TIME STAFF

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<td>Lawrence Bluhm</td>
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<td>JoAnne Brennan</td>
<td>Masters Club Service</td>
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<td>Joep Claessens</td>
<td>Content Support Service</td>
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<td>Kerri Gallant</td>
<td>Masters Club Service Manager</td>
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<td>Maggie Hopfgarten</td>
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<td>Gail Neube</td>
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<td>Olivia Orlando</td>
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<td>Marc Ritter</td>
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<td>Dave Schemel</td>
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<td>Suzy Schemel</td>
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<td>Mary Beth Shewan</td>
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<td>Gaelon Tinder</td>
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## VILLA AHMYO (HAWAII) STAFF

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<tr>
<td>Michelle Corazao Dinu</td>
<td>Property Manager</td>
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<td>EJ Thomas</td>
<td>Landscape Maintenance</td>
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## VILLA AHMYO (HAWAII) VIDEO PRODUCTION TEAM

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<tr>
<td>Moishe Groger</td>
<td>Technical Services</td>
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<tr>
<td>Michelle Corazao Dinu</td>
<td>Set-up and camera operator</td>
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CONSULTANTS & CONTRACTORS

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Chad Nash  Data Springs

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Finn Andersen
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Florin Mandiuć
Tammie O’Rielly
Siglinde Schwenzl
Patti Severance
Iwona Wirkus

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Norwegian  Inge Klokeide
Polish  Arek (arkadiusz) Szczepaniak
Portuguese  Silvia Tognato Magini
Romanian  Florin Mandiuć
Russian  Nazar Fedukiv
Russian  Alexey Safrygin
Russian  Irina Safrygina
Serbian  Ljiljana Gugleta
Spanish  Yezid Varon

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Greek Mary Polychroni
Hungarian Janos Nagy
Hungarian Janos Nagy Sr.
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### TRANSLATORS

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<td>Alia Nayu</td>
</tr>
<tr>
<td>Spanish</td>
<td>Angela Quinteros</td>
</tr>
<tr>
<td>Spanish</td>
<td>Yezid Varón</td>
</tr>
<tr>
<td>Turkish</td>
<td>Caglar Baykara</td>
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<td>Turkish</td>
<td>Nilgün Börükanlar</td>
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### SOCIAL MEDIA TEAM

<table>
<thead>
<tr>
<th>Name</th>
<th>Platform</th>
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</thead>
<tbody>
<tr>
<td>Maija Leisso</td>
<td>Crimson Circle on Facebook</td>
</tr>
<tr>
<td>Mary Beth Shewan</td>
<td>Crimson Circle on Facebook</td>
</tr>
<tr>
<td>Jean Tinder</td>
<td>Crimson Circle on Facebook</td>
</tr>
<tr>
<td>Jaziel</td>
<td>Shaumbra Pirates</td>
</tr>
<tr>
<td>Lise Storm Karlsen</td>
<td>Shaumbra Pirates</td>
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### KEAHAK MANAGEMENT

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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</thead>
<tbody>
<tr>
<td>Alain Bolea</td>
<td>Keahak Operations</td>
</tr>
<tr>
<td>Dr. Douglas Davies</td>
<td>Living in Keahak</td>
</tr>
</tbody>
</table>

### BOARD OF DIRECTORS

<table>
<thead>
<tr>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Geoffrey Hoppe</td>
</tr>
<tr>
<td>Linda Benyo Hoppe</td>
</tr>
<tr>
<td>Alain Bolea</td>
</tr>
<tr>
<td>Dr. Douglas Davies</td>
</tr>
</tbody>
</table>