

ADAMUS® SAINT-GERMAIN



THE FREEDOM SERIES • SHOD 4

"BEYOND YOUR DREAM (INTO FREEDOM)"

Presented to the Crimson Circle • January 5, 2013



CRIMSON CIRCLE

ADAMUS® SAINT-GERMAIN



Freedom Series • Shoud IV
“Beyond Your Dream (Into Freedom)”

Presented to the Crimson Circle January 5, 2013

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by Linda Hoppe

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ADAMUS® SAINT-GERMAIN



Shoud IV - “Beyond Your Dream (Into Freedom)”

I Am that I Am, a kinder, gentler, more compassionate Adamus Saint-Germain. (audience applause and approval; Adamus chuckles) And the check’s in the mail. (laughter) And you’re smiling today, and you have every right to be. We’re in the new era. It’s different. Definitely different. In a new era that’s been anticipated for eons of time, for ages, and here we are. Hm. Here we are.

Could you notice what was happening? Could you feel what was happening as the music – that hillbilly music – was playing? (laughter) What about some classical music? What is wrong?

** Referring to “The Stable Song” by Gregory Alan Isakov from the album “Acoustic Café” from Putumayo Presents...*

Did you notice and feel what was happening as the music was playing? What was happening in the room, wherever you happen to be right now, wherever you’re seated or laying down? And it wasn’t a jerky, overly strong type of energy shift. It was smooth, easy, but very real. It wasn’t anything that had to make you jolt in your chair. It wasn’t anything that shocked your body. Just a smooth, easy allowing of energy.

Get used to it. Get used to it. (audience responds “Ooooh” and “Yeah!” and some applause) Ah. Ah, but there is some fine print, which we’ll discuss today.

The New Era

Welcome to the new era. Ah! I have this to say: Even if there was no truth whatsoever about the Mayan prophecies, no truth whatsoever about this thing of the end of the Atlantean mental era, no truth about the second coming of Jesus, about any of it, there is enough feeling and consciousness to make it all real. There is enough true ... eh, I don’t want to use the word “belief,” Cauldre. No, it’s not belief. It’s true passion and desire that you *have* crossed into a new era, and therefore, you have. It’s that simple.

And the fact is, yes, the Mayan prophecies, all of these other things, the changing of five ages at once, all

very true, but what has really affected it is you, your passion and desire. Passion perhaps to get out of the old. It was about time. Passion to blaze some trails for the new ones coming in, and there are many. There are many coming in after you, behind you. Humans who have had many lifetimes on Earth, and what we call the New Energy children, Crystal Children, whatever name you want to give them, but the ones that are coming in for the first time. So we have crossed the marker, and here we are.

For most people – not you, but most people – 2013 is going to be just like 2012. You already see it. They didn't wake up on January 1st with anything except hangovers and remorse. Nothing really changed. But with you there's a spark, that desire. We talked about it recently at our gathering, our End of Whatever gathering – *no more*. It's that simple. No more. No compromises.

Oh, compromises are like watering down wine. Why would you want to? (some chuckles) Compromises have compromised you, weakened you, got you tangled up in other people's agendas and desires. I know some people say, "Well, no, you have to be a good compromiser." Not with yourself, you don't. No, not at all. It doesn't mean not respecting other's values or opinions. It doesn't mean that you don't understand that

there are other beings on this planet in addition to yourself. It just means *you're* not going to compromise your values, your passion, your desire. Not at all. This is fun. (he's looking intently into the camera as it follows him; the camerawoman says "Yes, it is!") Good.

So here we are in the new era. Let's take a deep breath. You made it. We made it. Life is good.

So let's begin. I have three parts today, we'll keep it short.

LINDA: Really?! (laughter and Adamus chuckles)

ADAMUS: Yes. Actually, it's a personal request from Cauldre.

LINDA: Because of his Green Bay Packer fan?

ADAMUS: Yes, he has something more important than his soul. (laughter) He has an American football game to watch. So, hm. So we'll get going ...

LINDA: Who's his team?

ADAMUS: ... right now. I don't really care. (laughter)

LINDA: Ohh! You're not going to give him that?

ADAMUS: His team should be himself. (Linda gasps) But no, he gives it away to people in funny uniforms and helmets. (laughter)

LINDA: You mean the Green Bay Packers?

ADAMUS: Is that what you call them?





LINDA: The Green Bay Packers.

ADAMUS: Yes.

LINDA: Cheese heads.

ADAMUS: Yes. Let's move on to important things. (some chuckles) Let the distractions come in later.

So let's begin. Let's continue with our discussion from our last gathering in the Old Energy.

New Energy. Amazing! (audience applause) It makes the hair stand up on your arms. Let's continue our discussion. We'll need a writer at the board. Volunteer.

LINDA: I'll write for now.

ADAMUS: You'll write and run?

LINDA: Let's see. (Adamus chuckles)

Attributes of 2013

ADAMUS: We're talking about attributes of a Master. Before we do that, actually, let's talk about the attributes of 2013 first. What are the really important attributes, for you, for 2013? Important attributes. What are going to be the key words for this year for you? Now, remember that whatever we write down here can become so.

LINDA: Ooh.

ADAMUS: Can become so. So what are the key words for 2013? Linda will take the microphone. I'll ask you to stand, please, when you volunteer yourself. Key words for this year.

MICHELLE: Just one?

ADAMUS: Words, plural.

MICHELLE: Okay. Money!

ADAMUS: Excellent. Love it. Good.

MICHELLE: Yeah. (some applause and a few people say "Woo!")

ADAMUS: Thank you. And Linda forgot to check my pockets.





LINDA: (gasping) Oh crap!

ADAMUS: So we have money for you. One hundred U.S. dollars.

MICHELLE: Thank you! Woo! Thank you!

ADAMUS: Right off the bat. (audience applause)

MICHELLE: That helps.

LINDA: Can everybody say money? (audience says "Money!" and Adamus chuckles)

ADAMUS: Can you imagine those tuning in for the first time? (some chuckles) They'll think this is an evangelical gathering here. Money. Excellent. Good. For you, and for others who choose it. Why is it important for you this year?

MICHELLE: I'm tired of feeling like I can't do what I want to do.

ADAMUS: Good. Good. How tired are you?

MICHELLE: Very tried.

ADAMUS: Really, really tired?

MICHELLE: Pissed off. (laughter)

ADAMUS: Pissed off? (Adamus chuckles) But did you notice how easily it came to you?

MICHELLE: Yeah, that was great.

ADAMUS: Did you have to sell yourself out for it?

MICHELLE: No.

ADAMUS: Beg or crawl?

MICHELLE: No.

ADAMUS: Share with others?

MICHELLE: I could.

ADAMUS: Or not.

MICHELLE: Or not.

ADAMUS: Yeah. Yeah. Because, you know, just as easy as you created that \$100 for yourself – and there's more to come – they can do so also. No compromise. Don't tear it in little bits. It's hard to spend. Pete can create it. Duke can create it. You can all create it just that easy. Just that easy. No struggling.

Now, I'll have you know Linda tried to do a pocket check on Cauldre before we started. (laughter) But the forces that be kept that from happening so the \$100 was delivered to you, you see. (audience applause) The moral of the story is that behind the scenes, there are a lot of things at work. You don't need to worry about them. You don't need to think about them. You don't need to concern yourself that Cauldre and Linda had this big argument up in front here, her wanting to take the money out of his pockets and him resisting. Doesn't matter. The money, the abundance came to you. Let that be a sign for this year for all of you. Came out the blue. You didn't come in here expecting or demanding money ...

LINDA: How do you know?

ADAMUS: ... praying for money. (laughter)

MICHELLE: I will from now on! (more laughter)

ADAMUS: It just came to you. And the very first thing that came up with attributes for 2013, the New Energy, money – *snap!* – just like that. Please, please don't embarrass me at the Ascended Masters Club this year. (Adamus chuckles) Let it come to you that easy all year long. All year long. So, thank you. Thank you. What are you going to do with your money? (someone says "Hawaii") Hawaii.



MICHELLE: Actually Vegas.

ADAMUS: Vegas. (Adamus chuckles)

MICHELLE: We were already going anyway.

ADAMUS: Good. Let it come to you that easy. Next.

VIRGINIA (woman): Hi Linda.

LINDA: Hi.

VIRGINIA: Allowing.

ADAMUS: Allowing. Allowing what?

VIRGINIA: Allowing yourself to open up and receive ...

ADAMUS: Allowing me to open up? Don't you think I'm open enough? Do you want me to really open up?

VIRGINIA: You too. Everybody. Whoever wants to open up. (she giggles)

ADAMUS: Allowing. What are you going to allow? (she sighs) I'm going to tell you in just a minute.

VIRGINIA: I'm going to allow abundance.

ADAMUS: He's prowling. (Adamus is walking around)

VIRGINIA: I'm going to allow healing. I'm going to allow ...

ADAMUS: Eh, let's get through the makyo here.

VIRGINIA: Well, it's true.

ADAMUS: Partly true.

VIRGINIA: You tell me.

ADAMUS: You know what you're going to really allow?

VIRGINIA: Tell me.

ADAMUS: And you're going to be such an example for everyone. First you're going to allow me to kiss you on the lips. (Adamus kisses her on the lips; audience responds "Oooh!") That wasn't your husband, Linda. That was me. (some chuckles) Secondly, you're going to allow yourself to love you. Ohhh ... (audience says "Ohhh")

LINDA: Ohhh.

ADAMUS: ... in such a divine way.

VIRGINIA: I thought I already did.

ADAMUS: You're about to discover what true love is. (laughter as Adamus almost purrs) Mad, crazy, non-mental, non-compromising love for yourself.

VIRGINIA: Amen.

ADAMUS: Good. Good. Thank you. And then – then the other things, eh, they just show up. They just show up.

This is such a year of loving yourselves. No compromise on it, for any of you. No exceptions. No anything that's going to interfere with the



greatest love that could be had. It's with yourself. Unabashed, sensual – sensual doesn't necessarily mean sexual, but it could – sensual love. Oh! Without feeling guilty, without holding back. What a crazy love for yourself. Ah! I see it. It's in your future. (audience responds "Woo!" and some applause) Yes. Good.

VIRGINIA: Woo hoo.

ADAMUS: Thank you.

VIRGINIA: Thank you.

ADAMUS: Next. Attributes of this year. I think our list of attributes for a New Energy Master are also a list for 2013. Amazing. Yes.

BEV (woman): She forced this on me. (laughter)

ADAMUS: Well you have a karmic agreement from a past life that this was actually going to take place in this moment. (laughter) You both agreed to it. You're not a victim. Speak up.

BEV: Okay. (more laughter and Adamus chuckles)

ADAMUS: And I'll pause with that one.

BEV: One of the attributes is getting rid of the fine print. Okay?

ADAMUS: Getting rid of the fine print. I love that.

BEV: All right.

ADAMUS: Let's get rid of the fine print.

BEV: Let get rid of the fine print.

ADAMUS: Absolutely.

BEV: Let's get down to it and let's live life and be happy.

ADAMUS: Good. Absolutely. Good. How do we do that? I mean, it sounds nice, but how do we do that?

BEV: It does.

ADAMUS: That's a big elephant.

BEV: It is.

ADAMUS: Yes.

BEV: In the room.

ADAMUS: In the room, yes, and it has gas. (laughter)

BEV: Oh boy!

ADAMUS: How do we do that, just enjoy life?

BEV: Just be. Be everything, every minute of every day. Just be.

ADAMUS: How do you just be?

BEV: Well, usually I plop on the couch and just ...

ADAMUS: Good, good! (Adamus chuckles)

BEV: ... have the remote and ...

ADAMUS: And a beer and ...

BEV: Yeah. That works too, right? (they both chuckle)

ADAMUS: How about giving yourself permission?

BEV: Absolutely.

ADAMUS: Now it seems so simple. Give yourself permission to really enjoy life this year. No ... absolutely no more of the old stuff.

BEV: Right.

ADAMUS: Yeah, yeah.

BEV: Yeah.

ADAMUS: Yeah!

BEV: Let's do it!

ADAMUS: It's actually easy and the problem with it, it's easy to get mental and think about it and have plans and programs. No, you just do it. You just do it. Good. Enjoying life. Why enjoy life?

BEV: It's too short.

ADAMUS: Why is it too short? That's a good question.

BEV: I don't know!

ADAMUS: That's a good ... let's just pause on that one for a moment.



BEV: Oh boy. (they both chuckle)

ADAMUS: There's a human template, a human standard, generally has the humans living to be 75, maybe 80 years old. Why? Do you want to stay longer?

BEV: Yes.

ADAMUS: Yes. That was pretty weak. (someone shouts "Yes!") Boy, where is the passion in that? Maybe you don't. Maybe you want 85 really good years, or a 100, or more. It bothers me, because there is this very tightknit thing in consciousness that says "You're going to die when you're about 85 and if you get to be 100, you're going to be really old and wrinkled and ugly looking, so why live that long?"

We've talked before about ancestral biology. Let's put it – could we put that on the list? – let's put it into practice this year, to *be* your light body. Forget about the number of years. Forget about any ailment that you have right now, please, and make it easy. Make it as easy as that \$100 just coming to her. Okay? Good.

Aging, ooh, it's another issue. After we get done with the abundance thing, we're going to work on the aging thing, or no aging.

LINDA: Can't we do that first? (Adamus chuckles)

ADAMUS: Yes we could. The reason why I don't want to is because then you say, "But if I get old, I'm really going to be poor."

LINDA: Awww.

ADAMUS: Let's do the abundance thing; then you'll *want* to live longer.

LINDA: So logical.

ADAMUS: Yes, logical. Yes. I can still think like a human. Yes. Good.

ALAYA (woman): I agree live longer and live abundantly.

ADAMUS: Yes.

ALAYA: For me it's about ease and grace.

ADAMUS: Yes. Ease and grace. Good.

ALAYA: Easy and graceful.

ADAMUS: Good.

ALAYA: To allow the abundance, the age, ascension.

ADAMUS: Yeah. I'd like you to consider this – all of you – to consider this for a moment. Ease and grace. The biggest – second



biggest, perhaps – maybe most difficult detractor in that is other people. First yourself, but we’re getting through that. But it’s other people, and I really want you to take a look at that in your life, with a very compassionate eye. Compassion for yourself.

I know I tend to walk on some thin ice, frozen water, at times when I talk about this, but there’s the relationship factor here that has a huge bearing on your enlightenment and your happiness. Huge. I contend that if you were by yourself, you’d pretty quickly learn to love yourself. You’d almost have to, in a way. If you were by yourself, you were without all these other pressures from relationships and humans and family members and things like that, that your enlightenment would come very, very, very fast.

Now, I’m not saying to go out and dump those relationships. (Adamus mouths “Well, maybe” and chuckles a little) I’m not officially recommending it, but I’m asking you to take a look at it. They’re karmic, for the most part. They’re done, for the most part. Doesn’t mean you have to deny them. Doesn’t mean you have to cut them off. It just means change the dynamic of the relationship so that they’re no longer your mother from a past life, or a mother from this life; they’re no longer a karmic line that’s keeping you connected. And it doesn’t mean that you have to stop sending them Christmas cards, but ask yourself how come you never get one from them. It doesn’t mean that you need to run off to some commune and never see them, but change that relationship. It’s – *snap!* – that easy. It truly is. The moment you say, “Namaste” – they are a souled being, the God I Am, just like you, but they’re no longer this old karmic stuff or the voices of your mother in your head or any of the rest of that; you leave that behind – it will make enlightenment so much easier.

I’ve said this before, subject to a lot of debate from the outside, but 95 percent of the things that are holding you down really aren’t yours. They’re coming from relationships, from the outside, mass consciousness and all the rest of that, but they’re not yours. Let’s make this the year of no more old relationships. I want every relationship is started anew. No more old relationships.

Good. Other attributes?

I have to tell you a little inside secret here. While I’m talking, while there is this beautiful energy in the room – it’s so tangible, so real, you could see it sparkling; I can see it sparkling in the room – Cauldre is asking me if I would hurry so he could go watch his football game. Can you believe it!? (a few chuckles) This is what I have to put up with! (laughter) Linda, would you like to be the messenger today? Just pretend you’re me.

LINDA; I couldn’t do that. (Adamus chuckles) I’d be sassier.

ADAMUS: Ahh!

LINDA: Ahh!

ADAMUS: Ahh! Let’s continue. Other attributes of 2013. Attributes of the living Masters. Yes?

LAWRENCE (man): Yes, as it relates to letting go of old relationships, we all possess relationship with our society, brought up in a belief system. I think now is an appropriate time to actually make a formal declaration of sovereignty that can literally truly free you from any oppression, any prison your mind might keep you in.



ADAMUS: Good.

LAWRENCE: I've discovered some things that are just a blessing.

ADAMUS: Good. So what would you like to proclaim?

LAWRENCE: My sovereignty.

ADAMUS: Good. How would you like to proclaim it?

LAWRENCE: Let ...

LINDA: Tell him a hundred dollars.

LAWRENCE: Let the law know ...

LINDA: A hundred dollars. (laughter)

ADAMUS: You're not helping, Linda.

LAWRENCE: Just letting ... we are each two people. We're a fiction that has been created that we've all been living under, and we're also the free and sovereign upper- and lower-cased name that you are.

ADAMUS: Yes. What happens when one – when you – proclaim your sovereignty? And you really mean it. It's done with feelings and passions. Not the mental mantra thing, but when it's one of those "No more being a slave. No more" – to yourself or others. When you really proclaim it and it comes up with such passion and compassion.

LAWRENCE: It allows you to soar like an eagle.

ADAMUS: What else?

LAWRENCE: Literally, there are no limitations in your life. You're allowed to be a creator.

ADAMUS: Yes.

LAWRENCE: You don't have to be oppressed by laws, by the structures that are the barriers to our creative potential.

ADAMUS: Yes. What else happens?

LAWRENCE: Joy and creativity, love, self.

ADAMUS: So based on all that ...

LAWRENCE: Fear is gone.

ADAMUS: ... why doesn't everybody do that? Sounds simple to me. Sounds *really* simple to me. Why



doesn't everybody do that? "I proclaim my sovereignty. I *claim* my sovereignty." I'm just speaking out loud here, but somebody says, "I was created sovereign and now I return to sovereign." It's that easy. Just like that. Why don't they do that?

LAWRENCE: Because they're not taught ... they're taught under an illusion, and because you're a fiction created in an Old Energy and our attachment to that Old Energy keeps us bound to that structure. And now is the time where we can literally, and I mean on paper, submit to the County Records Office – I'm not kidding – submit it to the government, have it recorded, and declaration declaring your sovereignty. There can be no more of man's laws put upon you, but only ...

ADAMUS: I'd just keep it at "I am a sovereign being." (laughter) But that's good. I understand your point.

LAWRENCE: In many respects anyway, but it is a formal declaration, notarized, recorded and declared that then puts you under what will be referred to in an actual applicable state under constitutional jurisdiction, if you will, God's law, protected and guaranteed for you under the Constitution and the Bill of Rights. That's that simple ...

ADAMUS: Which, by the way, I helped to create. I just had to throw that in there.

LAWRENCE: Yeah, I know you did ...

ADAMUS: Yeah, yeah.

LAWRENCE: ... because it was a grand experiment in this creation of this country. And coincidentally ...

ADAMUS: Interesting experiment, let's call it ...

LAWRENCE: ... most countries today have a constitution modeled after this country so that everyone has that same equal opportunity to declare their sovereignty and actually bring it back here in the Earth now, in the present.

ADAMUS: Why don't more people do this?

LAWRENCE: Because of fear.

ADAMUS: Fear of what?

LAWRENCE: Well, number one, they don't ... fear of law enforcement. Fear of being ridiculed. You know, the people that are happiest in the world are the people that have the wealth.

ADAMUS: Why would anybody ridicule somebody else for claiming their sovereignty? Interesting. If we have forms here next month (Adamus chuckles) – Linda? (Linda moans) –sovereignty forms, and people proclaim these and proclaim their sovereignty and somebody ridicules. Why would somebody ridicule for that?

LAWRENCE: Well, because there are certain other energies out there that would project on the media that declaring sovereignty is ...

ADAMUS: Weird.

LAWRENCE: ... is terrorism. Literally, because it's paper terrorism. It's labeled as paper terrorists, and then people become fearful and they say, "Whoa, we don't want to do that."

ADAMUS: Oh! I have got a great idea. Let's be spiritual terrorists! (some cheering and applause) Ah, yeah. Oh, yes!

LAWRENCE: Actually, that's what we are. We're actually the new secret government.

ADAMUS: You are. Yes.

LAWRENCE: We're the new secret government and we don't know it yet.

ADAMUS: Let's not be secret though. Yeah, let's just be ...

LAWRENCE: But yeah, exactly. No ...

ADAMUS: The government of I Am.

LAWRENCE: Everybody wants to be free.

ADAMUS: The Kingdom of I Am. Yes.

LAWRENCE: That's right. Everybody wants to be sovereign.

ADAMUS: I'm the imperial Master of the Kingdom of I Am. Good.

LAWRENCE: Free dominion.

ADAMUS: I like this. I like ... this is very ... (Linda offers him chocolate) Moi?

LINDA: Mm hmm.

ADAMUS: Coffee please also. Cream.

LINDA: Sure. No problem. (a few chuckles)

ADAMUS: Good. Thank you. Who's channeling whom today? (some chuckles) I like this. Come on up to the front. This is good.

LINDA: No cream?

ADAMUS: Cream, please.

LINDA: Oh, okay. Gotcha.

ADAMUS: So have a seat. (a few chuckles as Lawrence sits in Linda's chair) Sorry Linda.

LINDA: No problem. I got over it.

ADAMUS: This is interesting. Proclaiming your sovereignty without fear, without any fine print. What would you like to drink? There's some wine back there.

LAWRENCE: Oh, that'd be fine.

ADAMUS: A glass of wine for my friend. (some giggles in audience) None for me. Cauldre's going to indulge in beer swill afterwards.

LINDA: (bringing his coffee) Is this too white for you? (some chuckles)



ADAMUS: No, no. No. Who am I to be picky? (Adamus chuckles)

LAWRENCE: It's interesting. I was in Maui ...

ADAMUS: Did you know this was going to happen today?

LAWRENCE: Not my conscious self, but I'm sure my other ...

ADAMUS: Eh, bullshit.

LAWRENCE: ... subconscious.

ADAMUS: Yeah, yeah. Let's stop dividing conscious and unconscious and ... good. Have some wine. (Suzy brings him some wine) Anybody else? We don't have a lot, but we could divide it up. (chuckles in audience)

LAWRENCE: No, but I was in Maui ...

ADAMUS: To your sovereignty.

LAWRENCE: Who's our singer? Who's the singer that was singing the whale songs?

ADAMUS: Anders Holte.

LAWRENCE: Yeah, I was with Anders on the winter solstice, and the first ...

ADAMUS: You look kind of like Anders.

LAWRENCE: The first people that I met there were ...

ADAMUS: Have a drink.

LAWRENCE: ... from Australia and New Zealand, and they're both doing the same thing that I'm doing here, which happened to be the first two people I met. The third person I met actually saw me here for the

first time last month, and he came up and introduced himself to me, and it's just been extremely magical. But you all know what that's like. (Adamus gestures for him to drink) I'll have a sip. (some chuckles)

ADAMUS: Of course he's a recovering alcoholic and I just started something here, but ... (laughter and Adamus chuckles) That's why I'm having coffee.



So let's do this, and the reason why I brought you up to the front – I have many, many reasons – but let's have you proclaim your sovereignty or claim – I like that, claiming – because you started off sovereign. Totally, simply sovereign.

Spirit, which is also you, grand love said – Spirit literally said this – and look at it this way, Mother/Father God or masculine/feminine – but Spirit said, “I love myself so much that I want to create myself again and again and again. I want mirror after mirror of myself, but every one of those selves will be sovereign. I will not be the parent

to my selves that I create. I will not control, because in the infinite love, I will give myself, my creation of myself total freedom.” And then it was. You are God falling in love with yourself every moment, every day. Even in your bad experiences or what you label bad, it is simply an experience. It is simply another way of realizing this thing called love.

So you were created sovereign and simple, and then you went forth without any restriction, without any rules, because there really don't need to be rules, without any strings attached. No strings to pull you back home. That is love.

Now, in an interesting way, Spirit didn't know that at that moment, didn't understand that it was love, but just felt this desire, this passion, and said, “I create myself over and over,” and here you are. Here you are, and coming back to the sovereignty and the simplicity. Coming back to the magic.

It's taking a little work. We have to get rid of many, many lifetimes of programing and structure, very hard encased hypnosis, but every time you laugh, every time you smile, it releases a little bit more. Every time we gather like this – a group of Gods falling in love with themselves every day – it releases a little more. Nothing done as to cause overwhelm for your biology, because out of love of life and wanting to stay here, we – you – are allowing all of this at a level that the biology can handle so that you can stay in the body. What a beautiful creation. Every time you laugh, every time you smile, a little bit more coming back to sovereignty.

So let's do that. Let's ... would you claim your sovereignty in front of all these Gods? What a concept.

LAWRENCE: Claim my sovereignty?

ADAMUS: You might want to stand up. You might want another glass of wine. (Adamus chuckles)

LAWRENCE: Gosh ...

ADAMUS: This is it. This is that defining moment.

LAWRENCE: I am a ...

ADAMUS: Don't let me interrupt. (laughter)

LAWRENCE: I know who I am. I Am that I Am. I come from creation. I am a part of creation. I am equal to you and every one else. We're all created equal. We don't ...

ADAMUS: (whispers) I better sit down. This could take a while. (some chuckles)

LAWRENCE: We don't need to give our power away to those who would have power over you. It's just a matter of knowing who's hiding behind the curtain and seeing that it's just a regular person like you and me. This isn't the Wizard of Oz ...

ADAMUS: Okay, now. Let's stop right there. This is a rather simple thing. What just happened? (someone says "Head" and a couple of people say "Makyo") Head, makyo. Procrastination, actually. Delay. Obviously, difficult to be here in front of the group, now drunk and ... (laughter)

LAWRENCE: That is my second glass of wine.

ADAMUS: ... and proclaiming your – or claiming – your sovereignty. But it was interesting. It can be so simple – coming to my point about this year; it can be so simple – but yet when given the stage in front of all of you, in front of your aspects, in front of me and my esteemed colleagues; when given the opportunity for clarity and simplicity, what do humans do? (somebody says "Muddy it up") Yeah, and not to give you a hard time, but ... but ... (some chuckles)

LAWRENCE: Got it.

ADAMUS: Let's do this again. Let's take it from the top. Would you, in front of this group of peers and love beings, simply proclaim your sovereignty?

LAWRENCE: I Am that I Am.

ADAMUS: How about "I proclaim my sovereignty?" (laughter) The "I Am that I Am" is good, but a lot of people don't know what that means. "Sovereignty" is simpler.

LAWRENCE: Should I scream out "Freedom?"

ADAMUS: I'm just asking for those couple of simple words – "I am sovereign."

LAWRENCE: *I am sovereign.*

ADAMUS: Good! (audience applause)

LAWRENCE: And a little slow.

ADAMUS: The point is, make it simple. Do it easy. Thank you, by the way. Thank you. (they hug) We have no more money, but you can have the rest of the wine.

LAWRENCE: Oh yes, thank you.

ADAMUS: You may need it. (lots of laughter) Take that to your AA meeting!

LINDA: Nice. Nice.

ADAMUS: Now, I would like one more, come forth. Just simply proclaim your sovereign. This is such ... we could not have any more meetings the rest of the year. This is my point – simple, clear. (someone starts speaking) Eh, let's do it one by one first. Proclaim your sovereignty.

LARA: I procrame – proclaim ...

ADAMUS: Errrghh! Oh! (some chuckles)

LARA: I Am that I Am. I proclaim my sovereignty.

ADAMUS: Good. (some applause) Now, don't look at me when you say that. Don't look at them when you say that. Close your eyes and say it to yourself.

LARA: (she closes her eyes, then opens them briefly) I proclaim my sovereign- ...

ADAMUS: Ah, why are your eyes open?

LARA: Because I get dizzy. (she chuckles)

ADAMUS: How do you sleep at night?

LARA: I'm laying down.

ADAMUS: Not standing, yeah. Take a deep breath. Now the pressure's really on. Take a deep breath. Dave's taking your picture.

LARA: I proclaim my sovereignty. (the speaker squeals)

ADAMUS: What was that feedback? (some chuckles) Come over here.

MARTY ("Mofo," also Lara's husband): Her aspects.

ADAMUS: Come over here.

ADAMUS: Absolutely, Mofo. Absolutely. A little interference. Why does this have to be so difficult? Do you get the point? Do you see what's happening here?



It's really easy. Abundance is easy. Healthy is easy. Self-love – a little more difficult, but not so tough. Ease of being a living human. Pretty easy, but yet, yet so challenging. So let's take it from the top. I'm going to go sit in the audience with my coffee. Not spill on anyone. Thank you. It's just you, because that's kind of how life is. Just you. Hello (to the person he sat beside).



LARA: (very clearly) I proclaim my sovereignty.

ADAMUS: Good. (audience applause) Thank you. Excellent. Thank you. (he goes back to the front) Ah! How does it feel?

LARA: Fantastic.

ADAMUS: Does it feel real? (she nods) Mmm. Okay. Try that at home also. Thank you.

LARA: Thank you. (they hug)

ADAMUS: One more. (whispering) Anybody you want.

LINDA: Of course.

ADAMUS: One more.

LINDA: I want a really young one. (Adamus chuckles) Let's see. Here we go.

ADAMUS: Yes.

SHAUMBRA 1 (young man): I knew you were going to do this.

ADAMUS: Yes.

SHAUMBRA 1: (very clear) I proclaim my sovereignty. (audience applause)

ADAMUS: Good. Thank you.

SHAUMBRA 1: Thank you.

ADAMUS: Thank you. The point? It doesn't have to be difficult. Doesn't have to have a lot of word. Whatever you do this year, keep it clear and simple.

Listen to your own self sometimes – some of the rolling around of ideas, some of the indecisiveness. Listen to yourself, your spiritual chatter. You'll bore yourself to death if you do. Seriously, because there's a lot of rambling, mumbling. No more! It is time to keep it just that simple. "I proclaim my sovereignty." That's it. "I allow my sovereignty. I am sovereign." That simple.



It's so simple, it's kind of complex, because the mind is going to think there's got to be more to it. There's got to be something else you gotta do. There's not.

Adamus' List

One of the other attributes of this year ... actually, I'm going to list mine now, because we do have to move on. Got a game. I would say the key word for this year is energy. Fresh sheet, please, these are mine. (laughter and Adamus chuckles)

~ Energy

Energy. It's kind of a "duh." Energy is different ever since December 21st, because you chose it to be. Energy comes in in a very different way. It doesn't want to go through the old paths, the old pathways. It doesn't want to have to be spun around in the mind, sent on all sorts of detours and distractions, wasted, essentially, trying to run through the mind and run through the body, and more than anything run through time. (audience says "Mmm") Uhh, uhh, hmm. Hmm. Philosophical "Hmm." (some chuckles) Translated means "What the hell is he talking about?"

So energy definitely comes in different. It is quick. It is very available, and it doesn't want – and actually you didn't want it taking – all sorts of diversions and distractions. It is that clear. "I am sovereign." That's it. You never think about it again. You never stress about it. You don't go into some long dissertation with yourself about "What did that really mean?" It just is. "I am sovereign."

~ Allow

Now, you do then allow – next word, "allow" – allow for the changes to take place in the underlying structures of your life. It's that simple. Your job, your appearance. Allow for the change of the appearance of yourself. Allow for the change in everything, from relationships, and especially the way things are manifested. No longer with struggle or stress. Allowing this year, done very simply, lets the energies come in – *snap!* – just that fast and work.

It's going to be uncomfortable at first, because particularly those of you who are a little more senior, you're ... (some chuckles) Trying to be gentle. I said I was compassionate this year. (laughter) I'm working on it. For those of you who have been accustomed to patterns – a better way to put it – you're still used to it coming in and working a certain way. You're going to get very frustrated if you keep trying to go back to that. David said it before: That doorway to the old was closed, welded shut and covered over, and then it disappeared.

There's going to be a tendency to try to go back to the old ways of doing things, processing information, and using energy, and it's going to be very frustrating if you try to use that, and you're going to, because that's what you've known in the past.

The moment you say, "I am sovereign. I'm going to allow doing it a different way," and then truly let it, it will happen very quickly. Surprisingly quickly. Surprisingly. But remember our very visual example here of just the simplicity, and the tendency to go back to the old ways of going into a long dissertation or just

choking and not being able to get it out. Make it simple. That simple. You want to get rid of something in your life? Make it simple. Just say, “No more.” Only two words that are needed. Don’t go into some long justification. It’s just “No more,” and then move on.

~ *Grace*

Next on the list, grace. Said before, grace. What is grace? Anybody. (people say “Ease,” “Simple”) Yes, grace is a state ... I would call it a state of consciousness that is without the mental parameters. It allows a flow. Grace is living within yourself within the moment, your presence being fully there. Grace results in things like ease and a lot less tension in your life, a lot less physical pain. Grace is a state of consciousness where you don’t really worry about what’s going to happen next, because grace already knows it’s perfect. And there’s not some destiny; it just is wherever you are, whatever you’re doing is perfect. Not because of some gods or angels or councils or anything else. Just because of you. Just because of you. So, and we have “Allowing,” “Grace” and “Ease.” Ease. They all flow together. They’re all really part of the same core, and they all work together.

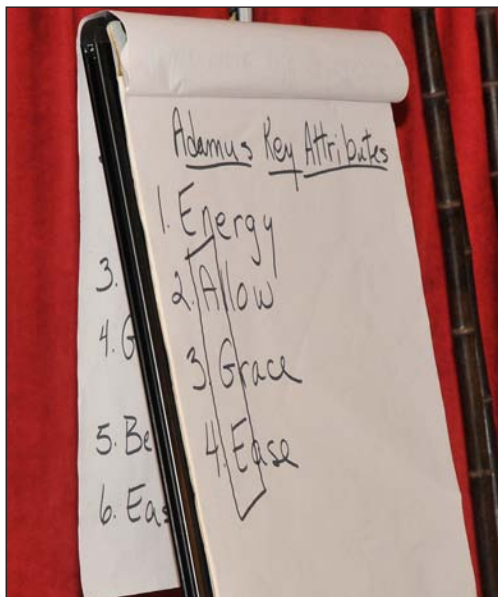
~ *Ease*

Ease is such an important word for this year and for you as Masters. You’re used to doing it the hard way. No more. No more. It’s about ease, grace, allowing. Not because some other being out there is taking care of it or anything like that. Not because of some future present self of yourself. Don’t dilute it with that stuff. It’s just the I Am in grace, in ease, sovereignty. It’s that simple. Don’t dilute it with anything else.

Let’s take a deep breath with that.

I would say that it’s the year of energy coming in gracefully, easily, because you’re allowing it. A year of finally understanding how energy works in relationship to consciousness.

Consciousness is the – you could say – the magnet, the light, and it brings the energy in. But there has been kind of a befuddled relationship between you and energy in the past. A lot of the whole drama with “just enough.” Just enough. And I would say no more to that either for this year. No more to that. No more. (audience agrees)



Let’s, right now, let’s just have a simple experience, personal experience, with this Allowing, Grace and Ease. Allowing, Grace and Ease. And if you forget the terminology – if I could borrow the pen here for a moment – if you forget what we’re talking about, it’s AGE, or really AGE-less. (Adamus circles the beginning letters of Allow, Grace and Ease; someone says “Ohhh”) Ohhh! So clever he is!

A Merabh of Ease and Grace

So I’m going to ask Brother John (Kuderka) to play a little bit of Anders’ music in the background, as we allow grace and ease as

truly the core for this year. Why not? You've had a lot of years, a lot of lifetimes of struggle. This year and from here on doesn't need to be that way. It is as easy as allowing it.

So, some of the background music ...

(music begins)

This is a merabh, by the way, a merabh of ease and grace ... beginning right now.

(pause)

No more struggle ...

(pause)

No more walking in the fog. Just no more.

(pause)

(music stops – technical difficulties)

Woops. (Adamus chuckles and laughter) Now wasn't that easy! (more laughter)

Let's take a deep breath.

Just ease ... and grace.

(pause)

Take a good deep breath ... and bring in ease and grace into your life experiences this year.

(pause)

No more wishing or hoping. Just allowing.

(pause)

Ease and grace in life. Why not? Why not? Nothing that you have to earn.

Take a deep breath, as you allow that to be your consciousness for this year. Ease and grace.

(pause)

No more fights with yourself ... struggles ... lack of fulfillment. Just ease and grace.

Let's take a deep breath with that.

In the merabh, it's just about, well, allowing. Take a deep breath.

(pause)

No more beating the head into the wall ... just ease and grace.

Not about trying to figure it out anymore ... just ease and grace.

(pause)

No more battling the demons ... just ease and grace.

(pause)

No more putting on that suit of armor when you wake up in the morning ... just allowing the ease and the grace into your life.

(pause)

Even the breath ... I see some of you struggling with the breath. It's ease.

Experience it for a moment. Just a breath that is done in ease, gentleness.

(pause)

Not a forced breath. Not thinking about the breath ... and suddenly you realize that you don't even have to work at it. That breath is just there for you. You don't have to work the breath.

You'll discover actually you don't have to move the air in through your nose down into your lungs. It's just doing it. That's grace. It's just doing it.

(music continues)

Sometimes I have to admit I have a few tears to see what you put yourselves through. Eh, more than a few. It hurts. It doesn't have to be. No more.

I see what you put yourself through physically and mentally.

I see the great sacrifices, but for what?

The great pain ... but for what?

All the worry ... for what? So you can survive?

It's not worth it. It's not living.

(pause)

Every one of you has the right and the ability to do life with ease and grace and joy.

(pause)

Yes, I've had many tears ... seeing what you put yourselves through.

Let's change that now. It is a New Energy and a new era.

It's as easy ... as easy as what you've seen here today. A hundred dollars coming to you and much more. It's that easy. And if it's not, you have to stop, look at yourself and ask yourself why you continue to make it difficult.

(pause)

It's as easy as saying a few simple words – “I claim my sovereignty.”

You find yourself distracted ... distorted ... disrupted. You have to ask yourself “Why?” Maybe because you're used to it.

It's just a matter of saying, “No more.”

(pause)

You've created a crystal ceiling – a crystal ceiling between the worlds – separating heaven and Earth, divine and human. Somehow you've accepted that crystal ceiling. Maybe it's time to say, “No more.” Maybe it's time to dissolve it, not to try to break your way through it, but to say, “No more.”

(pause)

You've accepted that there are some secrets, mysteries, things that are unknown to most humans. You've accepted that a few others have had it, but it's not yet your time.

I ask you to look at yourself and say, “Why?”

First of all, there are no secrets unless you choose there to be. The mystery is why did you put that crystal ceiling there? That's the real mystery. It's artificial, unnatural. It doesn't belong there.

(pause)

“No more.” That's all you have to do, is tell yourself “No more.”

There'll be some things that try to drag you back, for the Old Energy and that old human aspect that you had until December 21st are very seductive. But they have no power. It's not a battle of wills or power.

Seductive, yes.

That's when you say, “No more.” It's that easy.

It's interesting that we start our first Shoud of the New Energy with very visual demonstrations of letting things come to you easily, but also how, when you have the opportunity, all of you tend to dilute things, compromise things and confuse things. They don't have to be.



“I am sovereign.” It’s that simple.

Let’s take a deep breath as we go into this time of tremendous energies – Earth energy, cosmic energy, spiritual energy – in this year. There is no lack of energy whatsoever.

I’ll say that again. There is no lack of energy.

Now let’s make it easy this year, and graceful. Oh! I can feel all these old battles and struggles coming up.

No more.

(pause)

Take a good deep breath.

Isn’t it funny? A little bit of music and a few words, and then it’s done.

A good deep breath.

Ease. Grace. Allowing. Key words – and energy – because these bring in the energy.

(music fades)

It’s like you could say the energy is just kind of hanging out in the peripheral, waiting until it’s commanded or utilized. With allowing, grace and ease, it comes in.

The funny thing is you don’t have to ... it’s not so big. Energy really isn’t big. The human mind makes it seem like a big thing. The human mind says, “I don’t know if I can deal with all this energy.” Well, sure you can. Energy is really pretty simple. *Really* simple. The human says, “Energy! Overwhelming! What if it burns me up?” It’s not going to. It’s just energy. Energy is simple. Up until now it’s so simple that it’s been one of two digits or elements. That’s it. Core simplicity. And then it bonds together and makes things much grander. But at its core, it’s very simple.

New Energy is even simpler. It’s not two elements. It’s one. That’s it. Energy should never overwhelm you. Should never overwhelm you.

Okay. Let’s switch gears. Let’s take a deep breath. We’re going to make a fast switch into a new subject. It doesn’t have to be difficult. Real easy.

Old Dreams

Okay, now. Now we’re going to talk about something. Going to change the energy here. We’re going to talk about something that is going to lead to controversy, debate, skepticism, intrigue, arguing, all the rest of these things. I’m going to present this here and then you can all go to your message boards or wherever you

do, your mental arguing, your masturbation, and discuss it, and “What was Adamus really trying to say?” But I’ll make it very simple up front. There’s not a lot of depth to what I’m going to say. There’s not. You could write books. You can argue about it on your radio shows, or whatever else. It’s very simple.

Before we go into it, I’m going to say that it’s a personal choice. That’s all. But it has a lot of credibility, a lot of viability to it. So, now ... I love the build up. (some chuckles)

We’ve got a problem here, and we have also the opportunity to release it. We have a problem ... well, not we – you. (Adamus chuckles)

You have old dreams, really stinky, sticky old dreams, and it’s time to let them go. If you choose. If you choose. Thank you, Ricky. I’m going to be drawing kind of little cartoons on the paper. Old dreams.

Some of you have carried these dreams for many, many lifetimes. I talked to a small group down in Texas the other day about this, and they had a very visual example of how a dream can decay, and not just the dream itself decaying, but it can decay the humans that create the dreams and are surrounding the dreams.

So, what are dreams? I’m not talking about your nighttime ... that’s a different type of dream. I’m talking about your aspirations, your big passions, your hopes, your – as Jean called it – your spiritual carrot. The thing that you held out there, aspired to, dreamt about and when life was crappy you’d think about it and dream about it and wish for it to happen, but didn’t let it happen. I was gentle, wasn’t I? Yeah, good. And didn’t let it happen. I would like you to take a moment to feel into those.

Now, the interesting thing about these spiritual dreams, these big hopes ... the interesting thing is they’ve gotten so polluted and diluted that a lot of you have forgotten what they are. It’s a very interesting phenomena in the human psyche that you can have these huge aspirations that keep you going, then forget what they were, but somehow keep in that dream keeping you going, but forgetting what the hell it was.

On a more practical level, some of you have had dreams of doing a spiritual center. So yesterday. (a few chuckles) Some of you have had dreams of operating a big clinic where you heal the children. (Adamus gags) Really, really! No, I mean, make me barf and do other bad bodily functions. I think I just did one back there. (laughter and Adamus chuckles) Really?! Really?! No, not about that, my – what I did – but really?! The operating the clinic for children.

Some of you have had dreams about going out and, oh, bringing back the dragons from the caves. *Really?! That sounds goofy, doesn’t it, when I say it. You’re wondering who I’m talking about. You’re wondering if I would point them out in the room.*

Some of you have had dreams of writing the perfect book or series of books that people all around the world will read and suddenly they’ll wake up, because of the wisdom that you put in the books. (Adamus plugs his nose and does a nasty cough; audience laughter)

LINDA: What was that?



ADAMUS: That was Cauldre. He shouldn't smoke, you know. (Adamus chuckles)

Some of you have had dreams of just being so spiritual that you just kind of float. You float, and there's this light surrounding you and you go by the flower pots and everything blossoms. (laughter) And then there's a sick dog on the street and you just go by him floating, and the dog suddenly gets up and gets better. And dead bird, and the bird suddenly ... (laughter) I'm serious. I'm glad you can laugh at yourselves.

What are some of the other dreams? Let's get serious, because we're going ... and I'm going to explain in a moment why these dreams have been holding you back and what we're going to do about it. And, by the way, I'm going to offend some of you here – well, maybe all of you, I don't know – but it's time we address some of these core issues, because the dreams have become a distraction, an illusion, and in just a moment I'll explain what's going to happen with these dreams.

So Linda on the microphone please. Volunteers – Timothy – what was one of your dreams? (laughter) Timothy you're a dreamer, and feel free to share. This is a safe space. Nobody is going to ridicule you. (some chuckles)

LINDA: Except Adamus.

ADAMUS: To your face. (Adamus chuckles) We're going to get real here. We're going to get down to it. Timothy, your dreams. I know you have some.

TIMOTHY: A few.

ADAMUS: Yes.

LINDA: You have to hold the mic in front of your mouth.

TIMOTHY: I know. (he chuckles)

ADAMUS: And you have to stand up too.

LINDA: And you have to stand up.

ADAMUS: Yes.

TIMOTHY: Oh, that too.

ADAMUS: Yes. Oh yeah.

LINDA: No, you can do it. Really, I know you can.

ADAMUS: Yeah. Dreams.

LINDA: There you go.



ADAMUS: You're a dreamer, and that's not a bad word, but I'm going to make it bad. You're a visionary, yeah?

TIMOTHY: Yes.

ADAMUS: And you have many. They've held you back. They've actually worked against you.

TIMOTHY: True.

ADAMUS: What were they? What are they? (Adamus chuckles; Timothy pauses)

LINDA: Timothy! Cooperate.

ADAMUS: A dream ...

TIMOTHY: I'm working on it.

ADAMUS: You can close your eyes and pretend none of us are here.

TIMOTHY: Mm hmm.

ADAMUS: Come on.

TIMOTHY: Most of that is in fantasyland while I was escaping from where I'm at.

ADAMUS: Yeah, but what were they? What did you dream of? The big dream for this lifetime, what was it going to be?

(Timothy pauses)

Spit it out.

TIMOTHY: Working on new ways of energy. That was one of them.

ADAMUS: Good. Good. What kind of energy?

TIMOTHY: Energy conversions.

ADAMUS: Conversions of what?

TIMOTHY: Radioactive. We also have photobiotics.

ADAMUS: And how have these progressed for you?

TIMOTHY: Nowhere.

ADAMUS: Ah ha, ha! Interesting. Good. And I'm not pick- ... yeah, I'm picking on you. Let's just call it what it is.



TIMOTHY: Yeah.

ADAMUS: I'm focusing on you. I'm helping you Timothy.

TIMOTHY: I know. (they both chuckle)

ADAMUS: Okay, what else? You had another one. Come on, I know what it was.

TIMOTHY: A lot of dreams about spaceships.

ADAMUS: Yeah, what about them?

TIMOTHY: Any way to get off the planet.

ADAMUS: Good. Good. Thank you. And how many have come to visit you?

TIMOTHY: Zero.

ADAMUS: Good. Thank you. Thank you.

Timothy, those dreams have actually worked against you, and they've held up a lot of energy in your life. And when you've wondered why it's just not working out, when you wonder why it's so difficult, you can take a look at those dreams. They're kind of like artificial clouds out there. They're kind of like, well, Jean's spiritual carrot. They're kind of like a huge distraction from reality. From reality.

Now, don't think of reality in terms of just what's out there, but in terms of what you're creating.

I'm walking with all of you, treading on sacred ground here, and I love that, and it has been, because you've all had dreams. And the first thing that comes to mind is if we take the eraser and erase the spaceships, because they're not what you think; and we erase the big crystal palace concept thing, erase that; we erase the "I'm going to create New Energy," and you go, "What?! What?! Adamus, don't we have to have these aspirations? Don't we have to have these things? What do you want us to just be nothingness?" No. I want to take it out of fantasyland and nowhere land and put it right here. That's been the problem.

It's been this big comfort pillow to put that dreamy dream out here (he draws something like a cloud), somewhere else, dimension X, and to – eh, no stick figures, just dough people (he draws a figure) – and to just go through life with dreams out there, separated by kind of a crystal ceiling, but to keep them out there. It's been a little trick. It's been a little decoy. You never have to face reality that way. Interesting.

What if, Timothy, what if we dissolve those dreams? What if we started creating in reality, and it was greater than a bunch of spaceships or greater than your new energy concepts? Even



those were limited. They were just dreams. They were musings. What if we started to get real, with ease and grace and simplicity, and just started to do it, instead of just be dreamy about it? (someone says “Hmm”) Hmm. A little scary, actually.

Why? Well, there’s a little performance anxiety – gentlemen, you know what I mean (some laughter) – for those of you who were trying to invent things, and it just didn’t work out. Ladies are laughing here. What did you th- ... I’m going to talk to your husband later. (more chuckles)

There was that whole thing, “Let’s keep it out the dream state because then we never have to make it real.” What if we bring it here? What if we actually create things here and get rid of this dreamy, dreamy state? Well, there’s a lot of anxiety. What if it doesn’t work out? What if you screw it up? What if it’s another in the long line of failures? I’m not looking at anyone when I say that. What if it’s all makyo?

The question I have for each and every one of you right now is, isn’t it worth trying anyway? Isn’t it worth dissolving away dreamy, dreamy land and actually start creating here? Isn’t it worth the possibility of failure, that it’s makyo, that none of it’s real? Isn’t it worth breaking through or dissolving that crystal ceiling once and for all? It’s a big step, but it’s a small step.

It’s a big step, because you’re going to be calling yourself on yourself. Big step. You’re going to be saying, “*Gulp* – now it’s really time. Now it’s performance time, creation time, energy time,” and it’s a big gulp, because it’s almost easier to keep it out here in nowhere land and just go to it when you’re having a bad day. “I’m going to think about my dreamy dreams. I’m going to imagine whatever it happens to be – saving the world, maybe all the dolphins. Oh! That’s my dream. And if they would just give me some money for my dream, I could do it.” No, because, you see, you’re creating the money not being there, because you really don’t want the dream to come true, in a way. You don’t want it to be here. You keep it out there.

Now, you could say that the outer dimensions, kind of hovering around somewhere in the Near Earth realms, are a lot of bullshit dreams. Let’s call it what they are – crappo dreams. (a few chuckles) Stupid dreams. Maybe they weren’t stupid at the beginning, but they’re stupid now. All right – Cauldre’s giving me a hard time for being so direct – Old Energy dreams. That’s it. They were thunk up in the Old Energy. They were dreamt up in the Old Energy, and now they don’t apply anymore, because none of that applies.

Another dream. Linda, on the microphone, please. Another dream.

Now, and let’s pause here for a moment. Let’s take a deep breath.

I’m shattering the dreams. Damn right. You hired me. You’re paying me good money to do ... you’re not paying me anything, actually. Actually, you didn’t hire me. (laughter) I just showed up. (more laughter) Pushed Tobias out. Said that, yeah, he’s reincarnating. That’s it. (laughter)

LINDA: This is being translated. Make sure ... that’s a joke. Ha, ha, ha. That’s supposed to be funny?

ADAMUS: You decide.

LINDA: No! It’s not funny!



ADAMUS: You decide.

So here I am, getting down to the core, really ... this can be depressing. This really can be depressing. The dreams. What are your dreams? Linda, what's your dream? Linda – Linda, Linda – Linda of Eesa to bring the microphone to Linda of Beauty (Linda H).

Your dream, Linda. Your dream. Do you know what it is anymore?

LINDA H: No!

ADAMUS: Really.

LINDA H: I ...

ADAMUS: Microphone in your mouth, please.

LINDA H: Oh, okay.

ADAMUS: Yeah, and would – yeah. Good. Go ahead.

LINDA H: Okay.

ADAMUS: You don't know what your dream is?

LINDA H: Well, I've had many.

ADAMUS: Yes!

LINDA H: One I was going to be very wealthy. That didn't happen. One I was going to have really good health.

ADAMUS: Yes.

LINDA H: That didn't happen.

ADAMUS: Really. And what were you going to do with your wealth and your health?

LINDA H: That's probably why I don't have it, because ... (she giggles)

ADAMUS: Duh!!

LINDA H: I don't know.

ADAMUS: That's a big duhhh! (he writes "Duh" on the board)

LINDA H: But ...

ADAMUS: This really isn't that diffi- ... none of this is that difficult. You tend to make it – not you – but all of you tend to make it difficult. So but you don't remember the dream.



LINDA H: I don't remember much of anything anymore ...

ADAMUS: Ah, interesting.

LINDA H: ... let alone my dream.

ADAMUS: Interesting. Yeah. You remember who I am?

LINDA H: Oh, vaguely. (some chuckles)

ADAMUS: This is interesting. Not remembering the dream and then no money, no health. You see what happens? It's this big cloud of confusion, and Linda, it doesn't have to be that way. I've got to ask you a difficult question.

LINDA H: Yes.

ADAMUS: Why do you keep that same hamster cage, treadmill...?

LINDA H: Interesting you asked. A few nights ago I woke up at three o'clock in the morning and I saw this matrix, and it was my matrix, and it was kind of cloudy and kind of muddy.

ADAMUS: Kind of!

LINDA H: And I started having these thoughts of, "Oh gosh! I think I've offended that person" or "I didn't do what this person ... this person wants me to do this," and all that. And I etherically set down my foot and said, "*Fuck no!*" (audience applause)

ADAMUS: Good! Good! Good!

LINDA H: And I don't say that.

ADAMUS: You just did

LINDA H: I don't say that.

ADAMUS: I heard it.

LINDA H: I don't say that ...

ADAMUS: It's going to be in the next month video.

LINDA H: ...easily. (laughter)

ADAMUS: And you know it's going to be those repeat "Fuck you, fuck," you know, "Fuck the-fuckity-fuck." (lots of laughter)

LINDA (of Eesa): Woo! Don't listen to that, Vicki!

LINDA H: And I said, “No more!”

ADAMUS: Good!

LINDA (of Eesa): Ignore that!

ADAMUS: Good!

LINDA H: And since that time I can’t tell you – oh! The matrix that I had became a crystal vase and it was clear, and since that time my life is full of ease and grace. Now, granted, it’s only been a few days, but it is ease and grace. (laughter and applause)

ADAMUS: Doesn’t matter. (Adamus chuckles) Doesn’t matter.

Now, let’s go back on this. Could I get personal with you? Thank you.

LINDA H: Yeah. (some chuckles)

ADAMUS: The dream, the dream – and yours goes way, way, *wayyy* back; we’ll call it the Atlantean dream, because we can blame everything on those damn Atlanteans – to live with a group of people in a very safe community; to live with those who are of like mind and want higher consciousness, and actually, part of the problem is you did experience that in Atlantis for a short period of time; to live with those who can literally tune out the outside world, to have their own nirvana here on Earth. Nice dream. Old dream. Bye-bye dream.

LINDA H: Oh, I been through that a few times in this lifetime.



ADAMUS: In just this lifetime! My dear, you’ve done it almost in every lifetime since. And you got messed up along the way.

LINDA H: Yes!

ADAMUS: And this dream – you had some fun experiences – but you had this dream back in the time of Yeshua. Living with the Essenes, and it’s like, “Oh, this is the perfect society.”

LINDA H: Yes.

ADAMUS: And part of the dream was you being the head mother of this whole group and being the matron of the group and the comforting ... my dear Linda, no more.

LINDA H: Yes.

ADAMUS: No more. It was interesting.

LINDA H: No more.

ADAMUS: But what happened is that you had the experience in Atlantis of kind of a nice little community and then you put it into the dream realm or the hope realm and you held it out there, almost unattainable, almost impossible. You had such a high ideal for it that it almost wasn't going to be possible here on Earth, but yet you've pursued it like a dog pursues their own tail. Chasing it lifetime after lifetime – great visuals – lifetime after lifetime, and all of the time that dream went further and further away, further and further away.

LINDA H: Yes.

ADAMUS: Why? Well, you wanted to protect the dream. You didn't want to get it all polluted with earthly energy, so you put it further and further away, until the point part of you said, "That dream is never going to manifest here. Maybe I have to – *ahem* – die to get to that dream." And so what do you do? When the dreams are that unavailable – that's a good word for it, unavailable dreams – then everything else starts shutting off. The money, the health, the relationships. You cling on for dear life to a few things that you have left, and you cling on to the dreams.

LINDA H: There are many times when I felt it was so impossible, I thought it would be easier to die than to walk through this.

ADAMUS: Yes. And you cling onto the dreams. The dreams kind of keep you going, but not really living.

LINDA H: Yes.

ADAMUS: Big issue. Now, for all of you, take a feel ... Thank you, Linda. I love you.

LINDA H: Thank you.

ADAMUS: Always have.

LINDA H: Thank you.

ADAMUS: One time I got mad at you. (some chuckles)

LINDA H: Well, I will just say...

ADAMUS: But I still love you. (Adamus chuckles)

LINDA H: I will just say that I have been extremely upset at you many times.

ADAMUS: Oh well, sure. (some applause) Yes. Linda, there would be something wrong in creation if you were not upset with me, or others.

LINDA H: Well, and I had a conversation with you late last night, well, early this morning type of thing.

ADAMUS: Yes.

LINDA H: And ...

ADAMUS: Was I there? (a few chuckles)

LINDA H: And I told you that if you brought this up today, I was going to ... yes.

ADAMUS: Yes.

LINDA H: I don't even remember what I was going to do!

ADAMUS: You're going to sic Aandrah on me? (Adamus chuckles)

LINDA H: Yeah! I was going to do something I don't remember. But I'm saying it now. (she giggles)

ADAMUS: I can see Aandrah's laser eyes – "Be gentle, Adamus. Be gentle."

LINDA H: No.

ADAMUS: We're just cutting to the core here.

LINDA H: That's right.

ADAMUS: We're cutting to the core.

LINDA: I'm a cut to the core person.

ADAMUS: Yeah. Good. Good. So. Thank you. Thank you.

LINDA H: Thank you.

ADAMUS: The dreams. They don't apply anymore, out there. The dreams, you have held in such an unavailable state. You're never going to bring it in. It was the spiritual carrot. It was the distraction, a deception, and in a way it kind of kept you from really living.

What was your dream? Just think about it for a moment. Or dreams. They could be multiple. What were they? They could be something very practical. Opening up a massage center. And I'm not saying that's a negative. All I'm saying is if you're not doing it right now, if you're not doing your dream, it means you put it away somewhere else. It was unavailable, and it's tied up a tremendous amount of your energy. It's tied up a tremendous amount of your heart, your resources, your hopes.

What were your dreams?

(pause)

And there's a really good chance it's kind of foggy. Kind of foggy. Might not really remember. That's what happens when these dreams get so unavailable, so somewhere else.

What were your dreams? The big vision ... yes.

(pause)

Everybody just take a moment to think. What were your dreams?

VERITA: Well, it's funny you should talk about this. This is my first Shoud to be able to come and actually be here live, and this has been something I've been really dealing with the last couple months. So it's perfect.

ADAMUS: Funny how that happens.

VERITA: You know, I think it even makes me emotional talking about it, because, like many of you, I think all of us we've been such dreamers, and that's partly why we're here. We hold the dream of being the first to be the Standard, and, you know, how do we do that, and ... (she sighs and pauses)

I'm at a loss for words. My dreams. I've had so many, and I think the fear that what I'm doing isn't enough or, you know, it's the harshness that I have for myself of not accepting myself. I've wanted to be a singer. I've wanted to coach people and shed light on the world, all the things you talk about – help others, be the Standard, be an artist, fall in love with myself, fall in love with another – and I'm doing it. I'm starting to fall in love with myself. I guess that's the first step.



ADAMUS: You say the words, but I feel the emptiness.

VERITA: I know. (a few chuckles)

(pause; she starts to weep) It's been such a long time.

ADAMUS: Yeah.

VERITA: I don't know if it's been Atlantis or before Atlantis. I just feel like I've been ...

ADAMUS: Doesn't really matter.

VERITA: It doesn't, but I've been searching so long, and ...

ADAMUS: And you know one of things you do, and other as well, but then you get into this trap of saying, "Maybe I'm thinking about it wrong. Maybe my thoughts need to be adjusted or reprogrammed. Maybe I need to say more positive words or maybe I need to ..." You've got all these going and you're telling yourself what you're doing wrong, of course. Yeah. And you continue to say, "But I just have to be whatever. And I'm thinking about it wrong." And that just pushes those dreams even further away and causes more grief and frustration and lack of joy of life, and that leads to lack of abundance and that leads to, oh, bad relationships, and all the rest.

VERITA: Yes. I've had those. (she giggles)

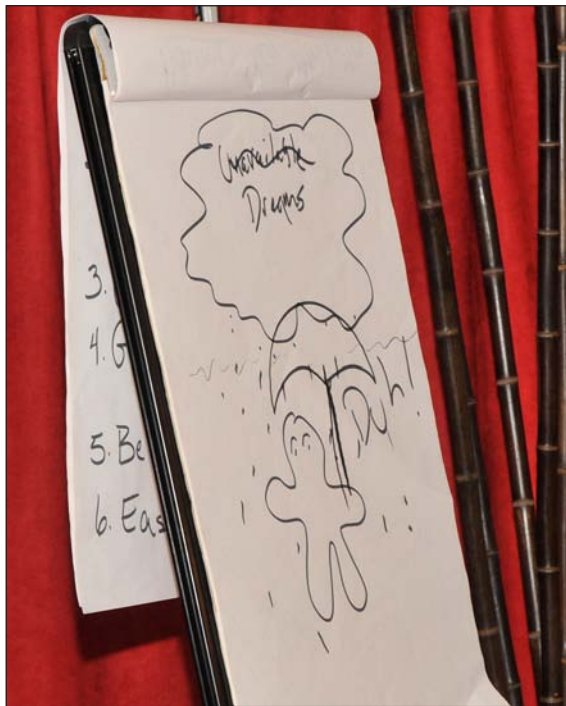
ADAMUS: I know. Yeah. So it leads to all that, and that's why today, our first Shoud of the New Energy, I want to address dreams and really take a look at them.

See, the dreams are out there somewhere else in another realm. I'm going to propose a couple of things that, first of all, particularly in the coming month, try to be aware of what the dream was, because most of them have gotten so tarred over, so hidden or lost, you don't even remember what they were. There's something, you know. There's something, but a lot of you have forgotten what it was. It could be something very practical. It could be shine light on the world. It's a nice dream, but ... (Adamus chuckles a little) Why? Why? So the world can do that to you. (he 'gives the finger') And that's what they'll do. Shine your light, they will flip you off. (laughter) "What are you trying to do?! Huh!" (some chuckles) Yeah. It's very true.

Just shine your light. Not on the world, just shine your light. In other words, no agenda.

So you've held dreams out there. They're based on Old Energy. We're wiping the slate clean. Let's say these dreams really just contain a lot of energy, whether the energy is hope or lost hope, whether it is fulfillment or lack of fulfillment. No matter what it is, it's just a bunch of energy right now, and it's kind of trapped. It's out somewhere else. It's really foggy, and it's ... you don't even know where it is.

I propose that you just let that cloud just start raining down that energy into your life. It does a couple things. It dissolves the cloud, the mystery, the foggiest of things. It brings it from that realm into this realm, and as it comes through, it also kind of helps wash away this crystal ceiling that was there, kind of dissolve it away. The crystal ceiling's really just sugar candy, so it starts to dissolve it away. It brings the energy – not the original dream, but actually the energy – into *this* reality, because in this year it's about bringing it here. Not keeping it there. And I'm going to be calling you out on it this year, if you keep the stuff out somewhere else. It's time to bring it here, including your divinity. I'll talk about that too.



But it's time to let it rain down on you. No umbrellas to protect you. (Adamus draws a perfect umbrella and someone says "Good job") Thank you. (some chuckles) No umbrellas. Just let it rain down on you, and let yourself feel that. Even imagine, when you're taking a shower, just using the symbology in here of that cloud, of the dreams, which would represent not only the confusion, but the mass and the distance, because clouds are way out there somewhere. Let that cloud start raining down on you with all of its energy, washing away an unavailable dream and bringing it as a very available creation in this reality. Not the old dream, but just the passion.

Then you say, "Now, what do we replace it with?" It's going to be in the moment. We're not going to start building lower-level clouds or unavailable-even-though-it's-sitting-right-next-to-you type of clouds. Let's move beyond those old dreams.

A very important reason is it frees up a lot of energy. It frees up you. It allows you to now create in this reality. A tremendous amount of your self has been invested out there somewhere, to the point where you weren't really necessarily living here. Almost got to the point where you weren't even creating here anymore. There are amazing things to be created if you want to. Simple things to be created. Even nothing to be created, if you don't want to. Totally up to you. But it takes place here now, not out there.

So I'm kicking the dreams out from underneath. Really am, and I'm not saying just bring the dream down here; I'm saying dissolve the dream, and let's start creating, being, doing, right here. Right here.

Then, after you let this dream dissolve, rain down upon you, then if one day you wake up and say, "I want to create something of a magical, New Energy nature," whatever that might be, then it's right here, Timothy. You've spent many lifetimes with it being out there. Many lifetimes. A lot of yourself tied up out there. Let's bring it in here. And not just the old dream, but whatever you want in this Now moment.

I want you to hear that clearly. We're not just trying to bring old dreams here, because they're old dreams. In the New Energy, they could be far – I guess you would call it grander – far more satisfying, far more with ease and grace. You bring them here, they're going to attract a lot more energy.

There are many amazing potentials, but the potentials are also being clouded over by some of these old dreams.

Let's take a deep breath.

A Merabh for Releasing Dreams

Let's do a little merabh. (someone says "Yay") Yay. Sleep time. (he chuckles) So John, can we do a little music? The beautiful music of Anders.

Isn't it interesting, even the new CD called "Dream of the Blue Whale."* Hmmm. And here we are letting go of those dreams.

* More info here on "[*Dream of the Blue Whale*](#)"

Let's take a deep breath.

It actually takes a very bold and beautiful human to let go of the dreams. Every human has them. Maybe not what yours were like, but they have them. Theirs were probably a lot more limited. Yours were pretty grand. Pretty grand.

Let's take a deep breath.

The dreams, some of them, so beautiful (music begins) but they really tied you up.

Some of the dreams, so protected by you, they became totally unavailable. Why would you want to have such a beautiful dream subject to the abuse of this reality? So you kept it out there.

And wasn't your divinity part of that dream? The unavailable self?

(pause)

A very old dream of a very distant love that you called your higher self, your divinity. Wasn't that really just out in the clouds somewhere else? A big dream ...

When days got tough, you said, "Ah, there's this divinity out there somewhere. Someday it's going to come and rescue me."

And when it didn't, you pushed that dream of your divinity out a little further. "Well, maybe it's just really busy right now. Maybe I'm not ready. Maybe I have lessons to learn." You pushed the dream of the divine further and further.

The dream of the divine was based on some old spiritual concepts, some beautiful old mysteries, but old. The dream of the divine was based on the consciousness of duality. So much heavier than what duality is now.

(pause)

The dream of yourself as an angel ... and a promise that that angel would come in someday with salvation.

Further and further away that dream went.

(pause)

In a very strange dynamic, the further away it got, the more you held onto the dream. The more of yourself was trapped in that dream.

(pause)

The less of yourself was available here.

(pause)

If you would, if you're ready, let the dream go.

(pause)

A very strange feeling comes over you, saying, "Without the dream, what am I? Without the dream, what's left?"

A feeling of emptiness ... darkness ... sadness ...

The dream has been such a friend, in a way, such a distraction.

You say, "Without the dream, how can I possibly go on?"

But I say to you, with that unavailable dream, how can you possibly go on?

(pause)

The true dream is being here.

The true dream is being awake ... aware ... sovereign ... empowered ... right here.

(pause)



It's January 5th here in Coal Creek Canyon; the year, 2013.

It's a whole different consciousness.

That old dream ... that old dream doesn't fit here.

Take a deep breath or ... let the breath breathe you. That's grace.

That's grace. Just let the breath breathe you.

My dear friends, we're going to turn it this year so that the dream is no longer an illusion, so that it's the reality, and it's your life.

Let's take a deep breath with that.

Ah! I see we've kept it short today.

Let's take a deep breath. Breathing in all of the energy from that released dream ... breathing in the freedom. Beyond the dream into freedom. What a great title.

And with that, I remind you, I am the kinder, gentler, more compassionate Adamus, and all is well in all of creation. Happy new era.

Thank you. Thank you. (audience applause)



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